



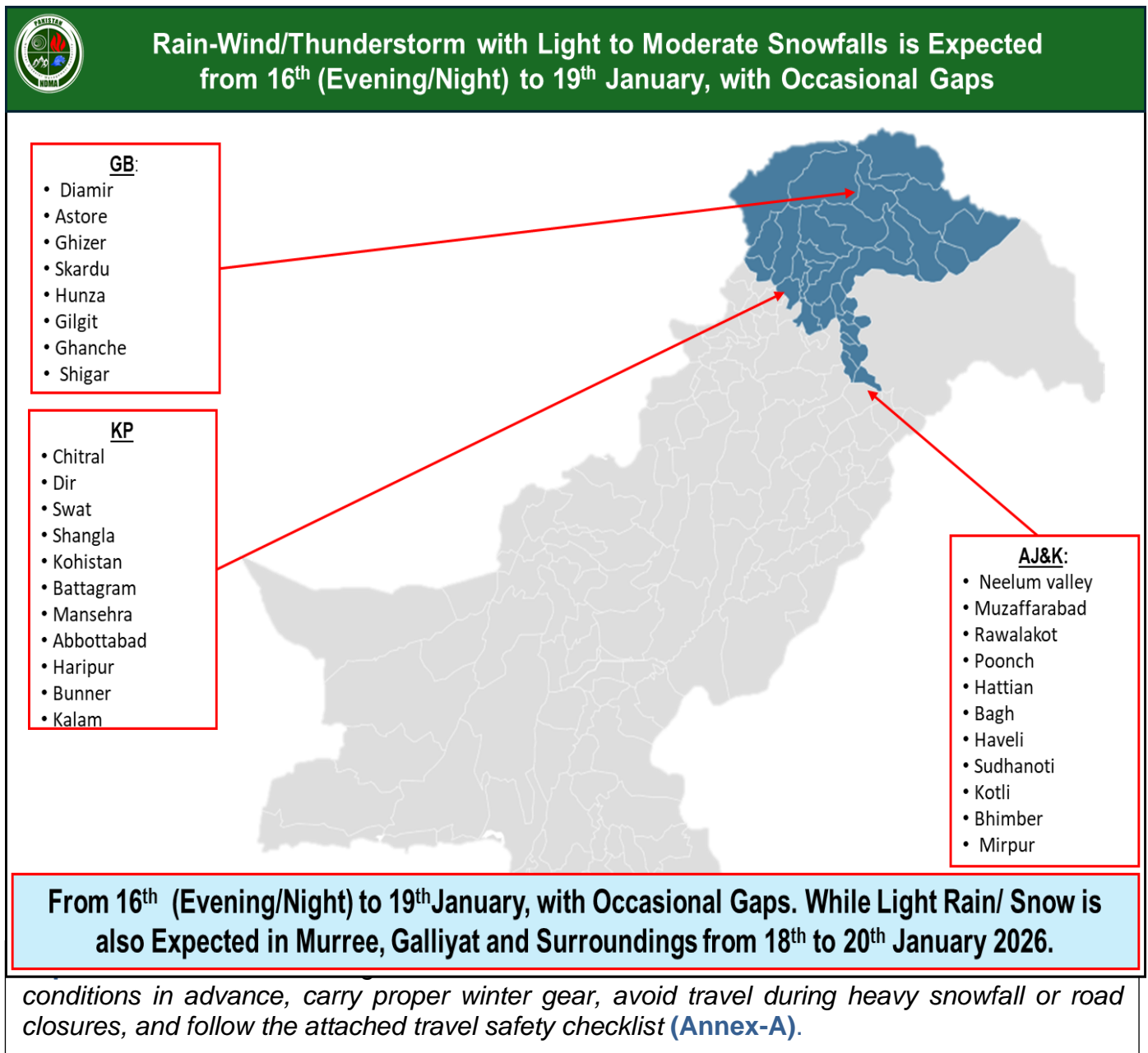
F.2(E)/2026-NDMA (MW/ Weather Advisory)
Government of Pakistan Prime
Minister's Office
National Disaster Management Authority (HQ)
 Main Murree Road Near ITP Office, Islamabad



Dated: 15 January 2026

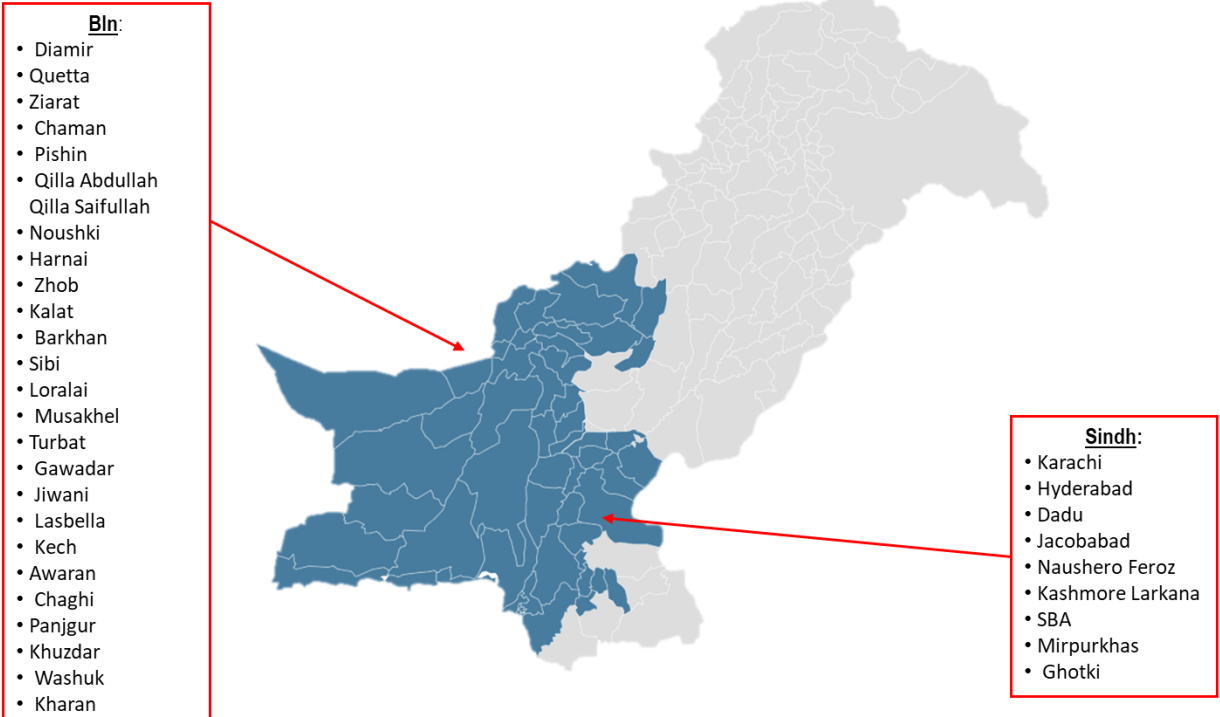
Subject: **Rain/Snowfall Predicated in Northern Areas During Coming Days**
Widespread Rain/Snowfall Predicted in the Country from mid of Upcoming Week

Met office predicted that a **shallow Westerly wave** is likely to approach upper parts of the country from **16th January 2026** and may persist till **19th January 2026** and likely to strengthen from **20th January 2026** and grip most parts of the country from **21st January 2026**. Under the influence of these Meteorological conditions following are the likely Impact areas: -





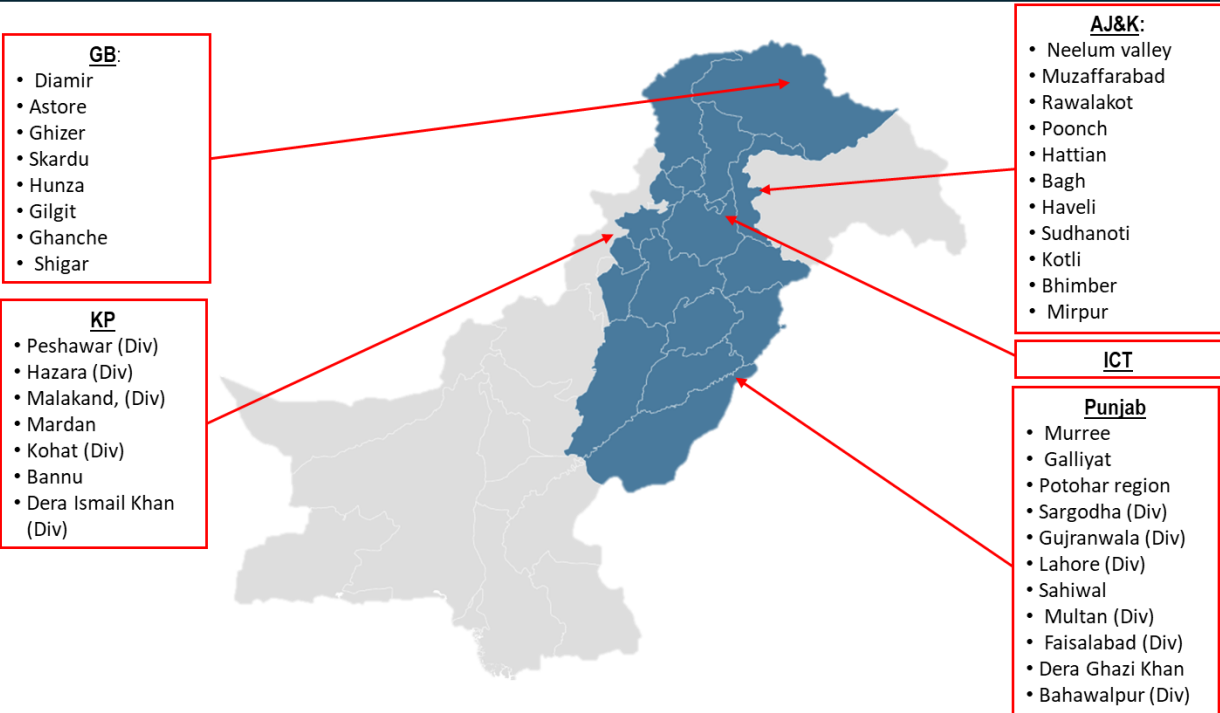
Rain-wind/Thunderstorm is expected from 21st & 22nd January (Balochistan) and 22nd & 23rd January (Sindh)



Moderate to heavy snowfall in Quetta, Ziarat, Chaman, Pishin, Qilla Abdullah, Qilla Saifullah, Noushki, Harnai, Zhob During the Period (21st and 22nd January 2026)



Widespread Rain-Wind/ Thunderstorm is Expected from 20th to 23rd January with Occasional Gaps



Heavy snowfall is expected Chitral, Dir, Swat, Kalam, Shangla, Kohistan, Battagram, Mansehra, Abbottabad, Murree, Galliyat, Neelum Valley, Bagh, Haveli, Rawalakot from 20th (night) to 23rd January 2026 with occasional gaps.

2. Under the influence of this weather system, following are likely impacts: -

a. **Likely Impacts**

- (1) Heavy snowfall may cause road closure/ slippery conditions in **Naran, Kaghan, Dir, Swat, Kalam, Chitral, Kohistan, Mansehra, Abbottabad, Shangla, Astore, Hunza, Skardu, Murree, Galliyat, Neelum valley, Bagh, Poonch, Haveli, Quetta, Ziarat, Chaman, Pishin, Qilla Abdullah, Qilla Saifullah, Noushki, Harnai** and **Zhob** from **21st (night)** to **23rd January 2026**.
- (2) Fog condition is likely to diminish in **Punjab, Khyber Pakhtunkhwa** and **upper Sindh** during the wet spell.
- (3) Day time temperatures are likely to drop significantly during the period.
- (4) Possibility of the landslides/avalanche in hilly areas of upper Khyber Pakhtunkhwa, Gilgit-Baltistan and Kashmir during the period.
- (5) **Heavy to very heavy** rains may generate **flash floods** in local nullahs / streams.
- (6) **Heavy Downpour** may cause **urban flooding** in **low lying** areas.
- (7) **Heavy rains** may trigger **Landslides / Rockfall** in hilly areas.
- (8) **Electricity** / other **utility services** may **get disrupted**.
- (9) **Isolated hailstorm** may cause damage to cause injuries and damage to **infrastructures, orchards, farms** and **vehicles** etc.
- (10) **Windstorms** may damage crops, **loose structures**, etc.
- (11) **Thunderstorms** to increase risk of **lightning strikes**.
- (12) **General public** is advised to be aware of loose structures like **billboards, electrical poles, solar panels**, hoardings, etc.
- (13) **Tourists** are advised to **remain cautious** during the spell and **check weather** updates before **traveling**.
- (14) **Landslides / mudslides** may lead to potential **road blockages**.
- (15) **Windstorms** may damage crops, **loose structures**, etc.
- (16) **Thunderstorms** to increase risk of **lightning strikes**.
- (17) **Electricity** / other **utility services** may **get disrupted**.
- (18) **General public** is advised to be aware of loose structures like **billboards, electrical poles, solar panels**, hoardings, etc.
- (19) Farmers are **advised to plan** and **manage** their activities in accordance with **weather forecasts**, especially regarding **hailstorms** and **frost conditions**.
- (20) **Avoid outdoor** exposure during **rains, strong winds**, and **prolonged cold** and **windy conditions**, particularly at **night** and in **early morning hours**.

- (21) **Tourists** and **travelers visiting mountainous** areas are advised to remain **cautious of flash floods, avalanche glaciers, landslides, rock fall / tree fall, derbies / mud flow** during the **period**.

3. In this regard, all concerned Federal Ministries / Departments, respective Provincial Governments, their line departments including PDMAs / GBDMA / SDMA/ ICT Administration, DDMA/ local administrations, municipal authorities of major metropolises are advised to **ensure following along with any other measures deemed necessary**: -

a. **Aspects for Mass Awareness / Enforcement**

- (1) During **hailstorm**, follow these safety tips to protect yourself: -
 - (a) **Seek Shelter Immediately**: Move indoors or take cover in a sturdy building or vehicle.
 - (b) **Stay Away from Windows**: Hail can shatter glass - stay in a windowless room if possible.
 - (c) **Protect Your Head**: If caught outside, use anything available (bag, jacket, helmet) to cover your head and neck.
 - (d) **Pull Over Safely (if driving)**: Stop the vehicle under a bridge, roofed area, or off the road. Stay inside with seatbelt fastened.
 - (e) **Do Not Drive in Heavy Hail**: Visibility drops drastically and roads become slippery.
 - (f) **Listen to Weather Updates**: Use radio, mobile alerts, or apps to monitor the situation.
 - (g) **Cover Vehicles and Equipment**: If time allows, protect vehicles, livestock, and outdoor equipment with tarps or blankets.
 - (h) **Wait for the All-Clear**: Stay sheltered until authorities confirm it's safe to move.
- (2) During **thunder-storm** and **lightning strike**, follow these safety tips to protect yourself: -
 - (a) **Do Not Seek Shelter Under Trees or Poles**: These attract lightning and don't protect well from hail.
 - (b) **Avoid Open Fields and Hilltops**: These are more exposed to hail and lightning.
 - (c) **Do Not Use Electrical Appliances**: Avoid wired devices, plumbing, and electronics during accompanying thunderstorms.
 - (d) **Move Away from Drainage Canals and Pondages**: Avoid standing nearby drainage canals and pondages as it attracts lightning.
 - (e) **Seek Shelter Immediately**: Move indoors or take cover in a sturdy building or **seek shelter** in a **dry place**.

- (3) **Travelers / tourists** are advised to: -
- (a) Plan travels to picnic and tourist spots **considering weather** and traffic **conditions**.
 - (b) Properly dispose off garbage at **designated areas** to prevent **clogging** of **drainage systems**.
 - (c) **Avoid overcrowding picnic** and **tourist spots** and ensure personal safety.
 - (d) Keep children away from **nullahs / pot holes / drainage lines** to avoid accidents.
 - (e) **Carry sufficient drinking water, food supplies, medicines, and power banks**, as prolonged road blockage and delays are possible during snowfall.
 - (f) **Wear proper winter clothing and insulated footwear**, and carry additional warm layers, gloves, and waterproof jackets.
 - (g) Maintain a **safe distance** (minimum 20 feet) from rivers, streams, and nullahs, as sudden **water rise or snowmelt flow** may occur.
 - (h) Choose **hotels** or **guest houses** located on **higher ground** and **away** from riverbanks, avalanche zones, and landslide-prone slopes.
 - (i) Ask **hotel staff** about **emergency exits, local hazards**, and **evacuation procedures** in **case of emergency**.
 - (j) **Avoid walking** or **driving** through flooded, frozen, or snow-covered roads—even shallow moving **water or black ice** can be **life-threatening**
 - (k) **Avoid trekking, hiking**, or **camping** during **heavy rains** **risk** of **landslides, slippery trails**, and **flash floods** increases.
 - (l) **Avoid self-driving** in unfamiliar or **hilly areas** **during rains** opt for **local drivers** who know the terrain.
 - (m) Do not attempt to **cross snow-covered** or **water-overtopped bridges** and **roads**, as they may be **unstable, slippery**, or **structurally unsafe**.
 - (n) **Cooperate with locals** and **district authorities, rescue agencies** during emergencies or **weather** disruptions.
 - (o) Do not allow **children near frozen ponds, stagnant water, drainage lines**, or **snow-covered** pits, especially during low visibility.

- (p) **Sensitize** all travelers about the danger of entering **snow-filled water channels** or **crossing nullahs** during **flash floods** or **snowmelt**.
- (q) Do not **touch or repair electrical** appliances, poles, or exposed wires during **rain or snow** due to **risk of electrocution**.
- (4) Avoid staying in weak structures. In case of intense rain, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

b. **DDMAs / Local Administrations / DM Responders**

- (1) Activation and deputation of duty staff for **round-the-clock monitoring** through Emergency Operation Centres (**EOCs**).
- (2) Collect and share the **latest information** with line departments, **provincial**, and **national authorities**.
- (3) Disseminate **advisories**, **alerts**, and **guidelines** to **all concerned**.
- (4) Generate Situation Reports (**SITREPs**) to cover any major incidents / developments.
- (5) Civic Agencies and **Rescue Services** (1122 / Fire Brigade / Ambulance / Civil Defence) to **remain alert** and have **sufficient emergency response personnel** and **equipment** during the forecasted holiday period.
- (6) Alert **masses living** in **low-lying areas** to exercise **extra caution** and activate **community-based alert systems**.
- (7) Limit the number of **tourists allowed entry** to **picnic** and **tourist spots** to **avoid overcrowding**.
- (8) Regulate **traffic** at **picnic** and **tourist spots** to ensure a smooth flow and **prevent congestion**.
- (9) Secure **loose structures including billboards / hoardings / solar panels** from effects of windstorms / thunder showers.

c. **PDMAs / SDMA / GBDMA / ICT Administration**

- (1) Coordinate with respective PDMAs to **align local efforts** with provincial strategies and guidelines.
- (2) Activate / **ensure staffing** of **HR** in **EOCs** for effective **coordination** and **response**.
- (3) Establish a **streamlined** and **efficient communication channel** to ensure **timely dissemination** of weather forecasts, **advisories**, and **alerts** to local administrations and the **public**.
- (4) Ensure flow of information **among all stakeholders** is **accurate**, **timely**, and effectively **coordinated**.

- (5) Ensure **enforcement** / **dissemination** of **mitigative** / **preparedness** / response **guidelines** to **all** concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

d. **Federal Ministries / Departments**

- (1) Ensuring **interagency coordination** and **information sharing** for monitoring and handling emergencies.
- (2) Raise **mass awareness through respective platforms** relevant stakeholders about **seasonal hazards**.
- (3) Ensure **strict** and **proactive monitoring** of the **movement** around/ in close vicinity of nullahs and water channels to **avert possibilities of drowning**.

4. In case of any eventuality, twice-daily updates be shared with NDMA.

5. **Press Information Department Only**. With the request for wider circulation and public awareness.

6. For latest weather updates please visit: <https://www.pmd.gov.pk/en/>, Pak Weather application <https://play.google.com/store/apps/details?id=com.pmd.kissan>, NDMA Mobile App (Pak NDMA Disaster Alert) <https://play.google.com/store/apps/details?id=com.mobileapp.ndmaalert> , NDMA / PMD Social Media platform.



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Member (A&F)
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ED IC
ED RM&M
ED IA&PD
ED NIDM
ED Tech (E&M)
ED NR
ED RF
ED CoE
ED Tech-1
ED Tech-2
Dir C&P
Dir Log
Dir R&R

Tourist Winter Checklist

Key Guidelines for Winter Travel Safety

Check Weather Forecast

Regularly check NDMA's website & mobile app for updated weather information.



Check Alerts/Advisories

Check websites of respective PDMA / GBDMA / SDMA for area specific alerts / advisories.



Check NH&MPH Website

Before departing, check with National Highways & Motorway Police (NH&MP) on their website for road conditions of intended route.



Take Travel Essentials

Carry basic travel necessities i.e., drinking water, medicine and enough snacks / food which can suffice for basic needs of all accompanying travelers for a period of at least 48 hours.



Ensure Availability of Anti-Skid Chains

Check requirement of anti-skid/ tire chains and coordinate its availability in case of need.



Vehicle Maintenance Before Travel

Ensure proper checking and maintenance of vehicle from a mechanic before commencement of journey. Also carry a spare tire, radiator fluids and lubricants, as advised by the mechanic.



Carry Warm Clothes

Carry enough quantity of warm clothing for all passengers to keep warm during extreme weather conditions and provide an option of changing into dry clothes, if required.



Ensure Fresh Air Circulation

Keep passage for fresh air circulation through air conditioning mechanism or keeping a window slightly open.



Confirm Accommodation Before Travel

Ensure availability of accommodation and seek prior confirmation from hotel / guestroom for reservations before departing on trip, including:-
 (a) Prevailing situation in the area
 (b) Road condition and diversions
 (c) Traffic flow pattern and busy hours to avoid traffic jams.
 (d) Availability of medical and health facilities



National Disaster Management Authority (NDMA)



Key Guidelines for Local Administration / Hotel Management

Strengthen Local Monitoring Systems

Energize existing local administration / DDMA and line department-based monitoring and reporting mechanism.



Community-Based Hazard Monitoring

Engage local communities at hazard prone sites to enable round the clock monitoring and feedback mechanism for early warnings and alerts.



Awareness Campaigns on Region level

Prepare general and region specific awareness campaigns and ensure wide spread propagation of likely threats / hazards.



Deploy Medical Resources

Medical resources, paramedics, equipment and medicine be deployed as per the vulnerability / risks identified in different regions.



Pre-Position Machinery

In coordination with NHA / FWO, local C&W and line departments to devise and pre-place appropriate machinery at vulnerable / choke points.



Traffic Management Plans

Devise city-based snow clearance and traffic management plans especially in snow prone areas likely to face greater influx of tourists.



Travel Advisory on Road Conditions

LEAs along with traffic police to advise travelers regarding likely situations of road closure/slippery conditions and use of precautionary measures.



Warn Tourists About Risk Zones

Travelers and tourists be forewarned about likely risks posed at vulnerable locations.



Establish Emergency Operations Center

Establish Emergency Operations Centers (EOCs) at district and provincial levels for continuous monitoring of the situation. Ensure coordination of response efforts among relevant agencies through these centers.



National Disaster Management Authority (NDMA)



موسم سرما کے حوالے سے ضروری احتیاطی تدابیر



خوراک کا ذخیرہ

- جلد خراب نہ ہونے اور آسانی سے پکنے والی اشیاء خوردونوش کا ذخیرہ کریں مثلاً دہنہ بند خوراک، چاول اور دالیں وغیرہ۔
- نوزائیدہ بچوں کی موجودگی کی صورت میں فارمولہ دودھ، پیمپز اور دیگر ضرورت کی اشیاء کی موجودگی بھی یقینی بنالیں۔



بجلی یا گیس کی ممکنہ بندش

کسی بھی منگامی صورتحال کے پیش نظر بجلی یا گیس کی ممکنہ بندش کی صورت میں کھانا پکانے کے لیے متبادل ذرائع جیسے گیس سیلنڈر وغیرہ کا بندوبست یقینی بنالیں۔



فرسٹ ایڈ کٹ

ضروری سامان کے ساتھ ایک فرسٹ ایڈ کٹ کا بھی بندوبست کریں۔ فرسٹ ایڈ کٹ میں پٹیاں، مرہم، زخموں کے لیے پیسٹ، وغیرہ ضروری ادویات مثلاً پیراسیٹامول، اسپرین، اموڈیم وغیرہ شامل رکھیں۔



سردی سے بچاؤ کا اہتمام

گھروں اور کمروں کو گرم رکھنے کے لیے مقامی طور پر دستیاب مواد استعمال کریں، جیسے کھڑکیوں اور دروازوں پر بھاری پردے یا کمبل۔ ٹھنڈ سے بچنے کے لیے پانی کے پالپوں کو انسولیٹ کریں تاکہ پالپ میں پانی نہ جمے۔



روایتی حرارتی طریقے

سردی سے بچاؤ کے لیے گرم کپڑوں کے ساتھ ساتھ روایتی طریقہ کار اپنالیں جیسا کہ کوللوں کی انگیٹھی وغیرہ، گیس کے چھولے کا استعمال محدود کریں اور گیسوں کے اخراج کے لیے مناسب طریقہ کار اختیار کریں۔



بجلی کے متبادل ذرائع

- یقینی بنالیں کہ آپ کے پاس بیک اپ پاور سورس ہے، جیسے کہ جنریٹر یا بیٹری سے چلنے والا پاور بینک۔
- فلیش لائٹس اور دیگر آلات کے لیے اضافی بیٹریاں رکھیں۔



برف مٹانے کا سامان

برف مٹانے کا سامان مثلاً بیلچہ، برف پگھلانے والے کیمیکل اور راستوں سے برف مٹانے کے لیے ضروری اشیاء اور منصوبہ بندی کو یقینی بنالیں۔



گرم کپڑے اور کمبل

- سردی سے بچاؤ کے لیے گرم کپڑے، کمبل، شال اور رضائی وغیرہ کا استعمال کریں علاوہ ازیں گرم ٹوپ، دستاں، سکارف اور موزوں کا استعمال یقینی بنالیں۔



ابتدائی طبی امداد کا طریقہ کار

- سردیوں کے دوران زخموں اور بیماریوں سے بچاؤ کے لیے ابتدائی طبی امداد کی بنیادی اصولوں سے آگاہ رہیں۔



انخلاء کا منصوبہ

ممکنہ انخلاء کے لیے قبل از وقت منصوبہ بندی کریں۔ انخلاء کی صورت میں مقامی سطح پر راستوں کا تعین اور محفوظ مقامات تک پہنچنے کی تیاری رکھیں۔



Home Winterized Checklist



FOOD SUPPLIES

- Stock up on non-perishable food items that require minimal cooking, such as canned goods, rice, and lentils.
- Ensure you have an ample supply of diapers, formula, and other necessities for infants and young children.



EMERGENCY COOKING

Have an alternative means for cooking in case of power outages, such as a portable stove, etc.



FIRST AID KIT

- Assemble a basic first aid kit with essential supplies.
- Bandages, Band-aids, Alcohol Pads, etc.
- Essential Medicines; Paracetamol, Aspirin, Imodium, etc.



INSULATION IMPROVEMENTS

- Use locally available materials for additional insulation, such as heavy curtains or blankets on windows and doors.
- Insulate water pipes to prevent freezing.
- Allow faucets to drip during extremely cold nights to prevent pipe freezing.



TRADITIONAL HEATING METHODS

- Explore traditional heating methods like charcoal braziers or clay stoves if modern heating sources are limited.
- Avoid Carbon monoxide poisoning through proper ventilation.



BACKUP POWER

- Ensure you have a backup power source, such as a generator or battery-operated power packs.
- Have extra batteries for flashlights and other devices.



SNOW REMOVAL EQUIPMENT

- Have snow shovels, ice melt, and a snow blower if necessary.
- Keep paths and driveways clear to prevent accidents.



WARM CLOTHING AND BLANKETS

- Ensure you have enough warm clothing, including hats, gloves, scarves, and thermal socks.
- Have extra blankets for warmth.



LEARN BASIC FIRST AID

- Learn Basic First Aid:
- Refresh your knowledge of basic first aid techniques to handle common winter related injuries.



PLAN FOR EVACUATION

Know your local evacuation routes and have a plan in case you need to leave your home.





Avoid ❄️ Spot ❄️ Treat



Hypothermia & Frostbite

When going outside be sure to wear

A scarf or knit mask that covers
face and mouth

Hat

Gloves or mittens

Water resistant coat

Wear several layers of
clothing

Water resistant boots



When going outside in winter make sure body parts most often
affected by frostbite are covered in warm, dry clothing.



Know who is Most at Risk



Hikers, Hunters,
Homeless



Older adults



People Working
Outdoors



Babies sleeping
in cold rooms



Avoid ❄️ Spot ❄️ Treat



Hypothermia & Frostbite

Hypothermia



Signs & Symptoms

Adults

- Shivering
- Exhaustion
- Confusion
- Fumbling hands
- Memory loss
- Slurred speech
- Drowsiness

Infants

- Bright red, cold skin
- Very low energy

Frostbite



Signs & Symptoms

- Redness or pain in any area of skin

Other Signs

- White / grayish yellow skin area
- Skin that feels
- Unusually firm or waxy skin
- Numbness



If a person's temperature is below **35°** get medical attention immediately.



Avoid ❄️ Spot ❄️ Treat



Hypothermia



Frostbite

Since skin may be numb, frostbite victims may harm themselves further and use caution when treating frostbite



1 Don't walk on feet or toes with frostbite



2 Don't use a fireplace, heat lamp, radiator, or stove for warming



4 Do not use a heating pad or electric blanket for warming



3 Do not rub or massage areas with frostbite

PRESS RELEASE

Tel: 051-9250363
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Government of Pakistan
Ministry of Defence (Defence Division)
Pakistan Meteorological Department
National Weather Forecasting Centre
Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/149

Press Release:

Date: 15th January, 2026

Time: 14:00 PST

Rain/snowfall predicated in Northern areas during coming days

Widespread rain/snowfall predicted in the country from mid of upcoming week

Met office predicted that a shallow westerly wave is likely to approach upper parts of the country from 16th January and may persist till 19th January and likely to strengthen from 20th January and grip most parts of the country from 21st January. Under the influence of this weather system:

- Rain-wind/thunderstorm with light to moderate snowfalls is expected in Gilgit-Baltistan (Diamir, Astore, Ghizer, Skardu, Hunza, Gilgit, Guanche, Shigar), Kashmir (Neelum valley, Muzaffarabad, Poonch, Hattian, Bagh, Haveli), parts of upper Khyber Pakhtunkhwa (Chitral, Dir, Swat, Kalam, Shangla, Kohistan, Battagram, Mansehra, Abbottabad, Haripur and Buner) from 16th (evening/night) to 19th January, with occasional gaps. While light rain/ snow is also expected in Murree, Galliat and surroundings from 18th to 20th January.
- Widespread rain-wind/thunderstorm is expected in Gilgit Baltistan, Kashmir, Murree, Galliat, Islamabad, Potohar region, in districts of Sargodha, Gujranwala, Lahore, Sahiwal, Multan, Faisalabad, Dera Ghazi Khan and Bahawalpur divisions and districts of Peshawar, Hazara, Malakand, Mardan, Kohat, Bannu, and Dera Ismail Khan divisions from 20th to 23rd January with occasional gaps. Heavy snowfall is expected Chitral, Dir, Swat, Kalam, Shangla, Kohistan, Battagram, Mansehra, Abbottabad, Murree, Galliat, Neelum Valley, Bagh, Haveli, Rawalakot from 20th (night) to 23rd January with occasional gaps.
- Rain-wind/thunderstorm is expected in Balochistan (Quetta, Ziarat, Chaman, Pishin, Qilla Abdullah, Qilla Saifullah, Noushki, Harnai, Zhob, Kalat, Barkhan, Sibi, Loralai, Musakhel, Turbat, Gawadar, Jiwani, Lasbella, Kech, Awaran, Chaghi, Panjgur, Khuzdar, Washuk and Kharan) on 21st and 22nd January and Sindh (Karachi, Hyderabad, Dadu, Jacobabad, Naushero Feroz, Kashmore, Larkana, Shaheed Benazirbad, Mirpurkhas and Ghotki) on 22nd & 23rd January with occasional gaps. Moderate to heavy snowfall in (Quetta, Ziarat, Chaman, Pishin, Qilla Abdullah, Qilla Saifullah, Noushki, Harnai, Zhob) during the period.

Possible Impacts and advises:

- Heavy snowfall may cause road closure/ slippery conditions in Naran, Kaghan, Dir, Swat, Kalam, Chitral, Kohistan, Mansehra, Abbottabad, Shangla, Astore, Hunza, Skardu, Murree, Galliat, Neelum valley, Bagh, Poonch, Haveli, Quetta, Ziarat, Chaman, Pishin, Qilla Abdullah, Qilla Saifullah, Noushki, Harnai and Zhob from 21st (night) to 23rd January.
- Possibility of the landslides/avalanche in hilly areas of upper Khyber Pakhtunkhwa, Gilgit-Baltistan and Kashmir during the period.
- Tourists are advised to remain extra cautious and avoid unnecessary travelling during the forecast period.
- Fog condition is likely to diminish in Punjab, Khyber Pakhtunkhwa and upper Sindh during the wet spell.
- Day time temperatures are likely to drop significantly during the period.

For daily weather updates please visit: <https://www.pmd.gov.pk/en/Pak Weather application>

<https://play.google.com/store/apps/details?id=com.pmd.kissan>

Distribution:

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5. Secretary Agriculture Punjab, KP, GB, Kashmir, Balochistan & Sindh
6. Chairman NDMA
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8. IG Motorways
9. DG's PDMA & SDMA
10. Secretary Health, MOCC & Water Resources.
11. Secretary National Food Security and Research
12. Chairman FFC & IRSA
13. Director to Minister for MOCC
14. Chief Commissioner Islamabad
15. Commissioner Rawalpindi
16. Rescue 1122.
17. Directors RMC's & Electronic and Print Media.

Spokesperson

Ph: 051-9250363-4



Government of Pakistan
Ministry of Defence (Defence Division)
Pakistan Meteorological Department
National Weather Forecasting Centre
Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/149

Date: 15th January, 2026
Time: 14:00 PST

پریس ریلیز

آنے والے دنوں میں شمالی علاقوں میں بارش اور بر لاری کی پیش گوئی

آئندہ ہفتے کے وسط سے ملک کے بیشتر علاقوں میں وقفے وقفے سے بارش اور بر لاری متوقع

محکمہ موسمیات کی پیش گوئی کے مطابق ایک کمزور مغربی ہوائوں کا سلسلہ 16 جنوری سے ملک کے بالائی علاقوں میں داخل ہو گا جو 19 جنوری تک برقرار رہے گا اس سلسلہ کی شدت میں 20 جنوری سے اضافہ متوقع جو 21 جنوری سے ملک کے بیشتر حصوں کو اپنی لپیٹ میں لے گا۔ اس موسمی نظام کے زیر اثر:

- **16 (شام/رات) سے 19 جنوری کے دوران** گلگت بلتستان (دیاسر، دستور، غدر، اسکردو، ہنزہ، گلگت، گاجھے، شکر، کشمیر (واوی، نیلم، مظفر آباد، پونچھ، بیٹیاں، باغ، حویلی) اور بالائی خیبر پختونخوا (چترال، دیر، سوات، کالام، شانگلہ، کوہستان، بگرام، مانسہرہ، ایبٹ آباد، ہری پور اور لوئیر) میں وقفے وقفے سے تیز ہوائوں اور گرج چمک کے ساتھ بارش جبکہ ملکی سے درمیانی بر لاری کا امکان ہے۔
- **18 سے 20 جنوری کے دوران** مری، گلگت اور گردونواح میں بھی ملکی بارش / بر لاری متوقع۔
- **20 سے 23 جنوری کے دوران** گلگت بلتستان، کشمیر، مری، گلگت، اسلام آباد، خطہ کپٹھار، سرگودھا، گوجرانوالہ، لاہور، ساہیوال، ملتان، فیصل آباد، ڈیر غازی خان اور بہاولپور ڈویژن کے اضلاع جبکہ پشاور، ہزارہ مالاکنڈ، مردان، کوہاٹ، بنوں اور ڈیر اسماعیل خان ڈویژن کے اضلاع میں اکثر مقامات پر وقفے وقفے سے تیز ہوائوں اور گرج چمک کے ساتھ بارش کا امکان ہے۔ **20 جنوری (رات) سے 23 جنوری کے دوران** چترال، دیر، سوات، کالام، شانگلہ، کوہستان، بگرام، مانسہرہ، ایبٹ آباد، مری، گلگت، واوی، نیلم، باغ، حویلی اور راولا کوٹ میں شدید بر لاری متوقع۔
- **21 اور 22 جنوری کے روز** بلوچستان (کوئٹہ، زیارت، چمن، پشین، قلعہ عبداللہ، قلعہ سیف اللہ، نوشہری، ہرنائی، ژوب، قلات، بارکھان، سی، اورالائی، موسیٰ خیل، تربت، گوادر، جیوانی، سیدہ، کچ، آواران، چاغی، مہجور، خضدار، واشٹک اور خاران) جبکہ **22 اور 23 جنوری کو سندھ** (کراچی، حیدر آباد، دادو، جیکب آباد، نوشہرہ فیروز، کشمور، لاڑکانہ، شہید منظیر آباد، میرپور خاص اور گھوٹکی) میں تیز ہوائوں اور گرج چمک کے ساتھ وقفے وقفے سے بارش متوقع۔ اس دوران کوئٹہ، زیارت، چمن، پشین، قلعہ عبداللہ، قلعہ سیف اللہ، نوشہری، ہرنائی اور ژوب میں درمیانی سے شدید بر لاری کا امکان ہے۔

محکمہ اثرات اور احتیاطی تدابیر:

- **21 جنوری (رات) سے 23 جنوری کے دوران** شدید بر لاری کے باعث نادران، کانان، دیر، سوات، کالام، چترال، کوہستان، مانسہرہ، ایبٹ آباد، شانگلہ، دستور، ہنزہ، اسکردو، مری، گلگت، واوی، نیلم، ہرنائی، پونچھ، حویلی، کوئٹہ، زیارت، چمن، پشین، قلعہ عبداللہ، قلعہ سیف اللہ، نوشہری، ہرنائی اور ژوب میں سڑکوں کے بند ہونے اور پھسلنے کی وجہ سے ٹریفک کی روانی میں خلل کا اندیشہ۔
- بالائی خیبر پختونخوا، کشمیر اور گلگت بلتستان کے پہاڑی علاقوں میں لینڈ سلائیڈنگ / ابرقانی ٹوڑے کرنے کا خطرہ۔
- اس دوران سیاحوں کو محتاط رہنے اور غیر ضروری سفر سے اجتناب کی ہدایت۔
- بارش کے سلسلے کے دوران پنجاب، خیبر پختونخوا اور راولا کوٹ سندھ میں دھند کی شدت میں کمی کا امکان ہے۔
- اس دوران دن کے درجہ حرارت میں نمایاں کمی متوقع۔

تاز ترین معلومات کے لئے <https://www.pmd.gov.pk/en/>

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ترجمان (محکمہ موسمیات)

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