MOST IMMEDIATE



F.2(E)/2025-NDMA (MW/ Weather Advisory) Government of Pakistan Prime Minister's Office

National Disaster Management Authority (HQ)
Main Murree Road Near ITP Office, Islamabad

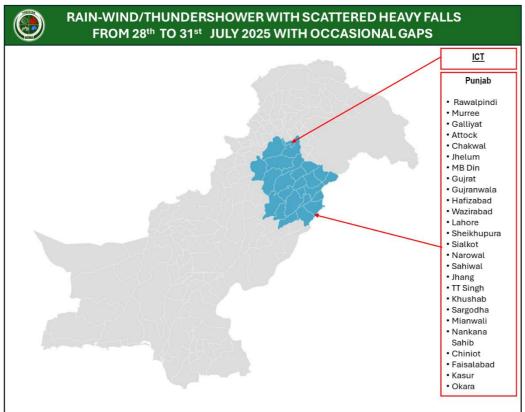


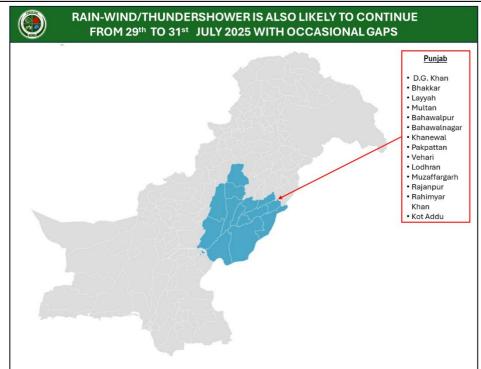
Dated: 25 July 2025

Subject:

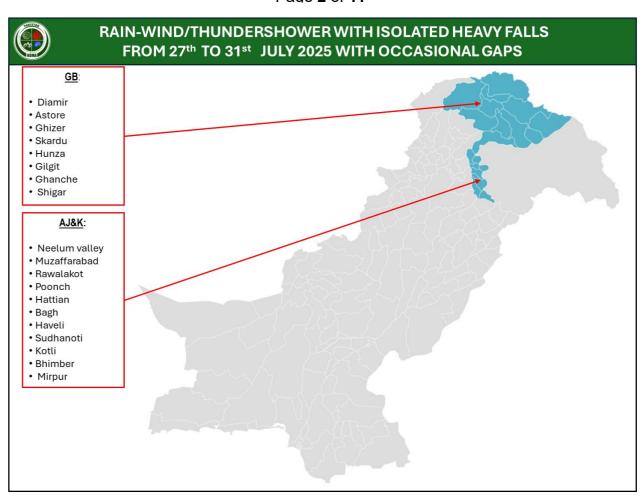
MORE RAINS WITH WIND-THUNDERSHOWER PREDICTED IN UPCOMING WEEK

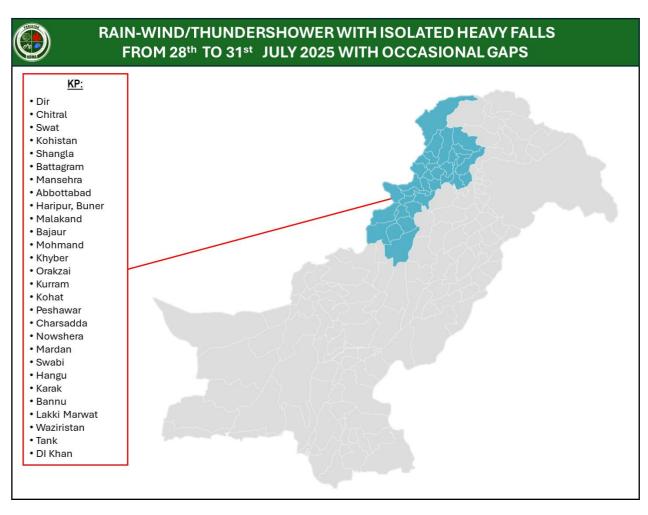
Weak monsoon currents are continuously penetrating in Upper / Central parts of the country and is likely to intensify from 28th July 2025. A Westerly wave is likely to approach on 29th July 2025. Under the influence of these meteorological conditions following are the likely impact areas: -

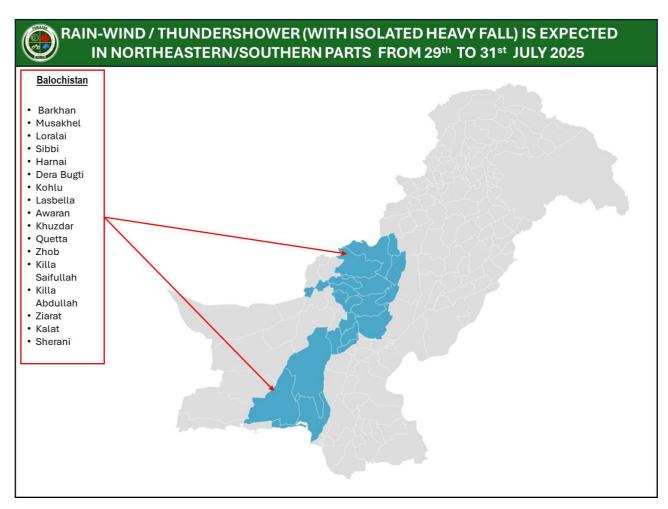


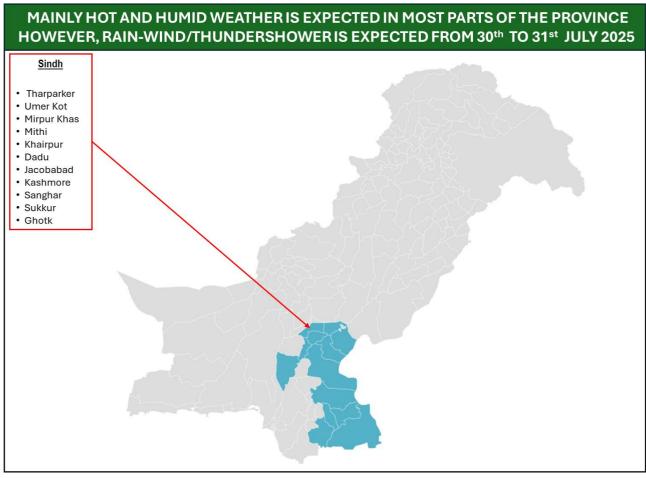


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2. Under the influence of this weather system, following are likely impacts: -

a. Punjab, Sindh and Islamabad Capital Territory

- (1) Heavy to very heavy rains may generate flash floods in local nullahs/streams of Murree, Galiyat, Islamabad/Rawalpindi, Hill torrents of D.G Khan, Northeast Punjab.
- (2) Rains may trigger Landslides / Rockfall in Murree and hilly areas.
- (3) Heavy Downpour may cause urban flood in low lying areas of Islamabad / Rawalpindi, Gujranwala, Lahore, Sialkot, Sargodha and Faisalabad.
- (4) **Isolated hailstorm** may cause damage to cause injures and damage to infrastructures, orchards, farms and vehicles etc.
- (5) Windstorms may damage crops, loose structures, etc.
- (6) Thunderstorms to increase risk of lightning strikes.
- (7) Electricity / other utility services may get disrupted.
- (8) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (9) Farmers are advised to manage their activities keeping in view the weather forecast and hailstorm.
- (10) Avoid outdoor exposure in rains and windy weather.

b. KP, Balochistan, GB and State of AJ&K

- (1) Heavy to very heavy rains may generate flash floods in local nullahs / streams of Galiyat, Mansehra, Kohistan, Abbottabad, Buner, Chitral, Dir, Swat, Shangla, Nowshera, Swabi, Hill torrents in Balochistan.
- (2) **Heavy Downpour** may cause **urban flooding** in **low lying** areas.
- (3) **Heavy rains** may trigger **Landslides** / **Rockfall** in hilly areas.
- (4) Electricity / other utility services may get disrupted.
- (5) **Isolated hailstorm** may cause damage to cause injures and damage to infrastructures, orchards, farms and vehicles etc.
- (6) Windstorms may damage crops, loose structures, etc.
- (7) **Thunderstorms** to increase risk of **lightning strikes**.
- (8) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (9) Tourists are advised to remain cautious during the spell and check weather updates before traveling.
- (10) Rainfall may cause flash flooding in local nullahs.
- (11) Landslides / mudslides may lead to potential road blockages.
- (12) Windstorms may damage crops, loose structures, etc.
- (13) **Thunderstorms** to increase risk of **lightning strikes**.

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- (14) Electricity / other utility services may get disrupted.
- (15) **General public** is advised to be aware of loose structures like **billboards**, **electrical poles**, **solar panels**, hoardings, etc.
- (16) Farmers are advised to manage their activities keeping in view the weather forecast and hailstorm.
- (17) Avoid outdoor exposure in rains and windy weather.
- (18) Tourists and travelers visiting mountainous areas are advised to remain cautious of flash floods, avalanche glaciers, landslides, rock fall / tree fall, derbies / mud flow during the period.
- 3. In this regard, all concerned Federal Ministries / Departments, respective Provincial Governments, their line departments including PDMAs / GBDMA / SDMA/ ICT Administration, DDMAs/ local administrations, municipal authorities of major metropolises are advised to ensure following along with any other measures deemed necessary:
 - a. Aspects for Mass Awareness / Enforcement
 - (1) During **hailstorm**, follow these safety tips to protect yourself:-
 - (a) <u>Seek Shelter Immediately</u>: Move indoors or take cover in a sturdy building or vehicle.
 - (b) <u>Stay Away from Windows</u>: Hail can shatter glass stay in a windowless room if possible.
 - (c) <u>Protect Your Head</u>: If caught outside, use anything available (bag, jacket, helmet) to cover your head and neck.
 - (d) Pull Over Safely (if driving): Stop the vehicle under a bridge, roofed area, or off the road. Stay inside with seatbelt fastened.
 - (e) <u>Do Not Drive in Heavy Hail</u>: Visibility drops drastically and roads become slippery.
 - (f) <u>Listen to Weather Updates</u>: Use radio, mobile alerts, or apps to monitor the situation.
 - (g) <u>Cover Vehicles and Equipment</u>: If time allows, protect vehicles, livestock, and outdoor equipment with tarps or blankets.
 - (h) <u>Wait for the All-Clear</u>: Stay sheltered until authorities confirm it's safe to move.
 - (2) During **thunder-storm** and **lightning strike**, follow these safety tips to protect yourself: -
 - (a) <u>Do Not Seek Shelter Under Trees or Poles</u>: These attract lightning and don't protect well from hail.
 - (b) Avoid Open Fields and Hilltops: These are more exposed to hail and lightning.

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- (c) <u>Do Not Use Electrical Appliances</u>: Avoid wired devices, plumbing, and electronics during accompanying thunderstorms.
- (d) <u>Move Away from Drainage Canals and Pondages</u>: Avoid standing nearby drainage canals and pondages as it attracts lightning.
- (e) <u>Seek Shelter Immediately</u>: Move indoors or take cover in a sturdy building or **seek shelter** in a **dry place**.
- (3) Travelers / tourists are advised to: -
 - (a) Plan travels to picnic and tourist spots **considering weather** and traffic **conditions**.
 - (b) Properly dispose off garbage at **designated areas** to prevent **clogging** of **drainage systems**.
 - (c) Avoid overcrowding picnic and tourist spots and ensure personal safety.
 - (d) Keep children away from **nullahs** / **pot holes** / **drainage lines** to avoid accidents.
 - (e) Keep adequate supply of clean drinking water and food item.
 - (f) Wear weather appropriate clothing.
 - (g) Keep maintain at least 20 feet distance from River and Nullahs.
 - (h) Choose hotels or guest houses located on higher ground and away from rivers, lakes, or nullahs in monsoon / flooding season.
 - (i) Ask hotel staff about emergency exits, local hazards, and evacuation procedures in case of flooding.
 - (j) Avoid swimming in the rivers / nullah and any water body during flooding season.
 - (k) Avoid walking or driving through flooded areas just 6 inches of moving water can knock you off your feet.
 - (I) Avoid trekking, hiking, or camping during heavy rains risk of landslides, slippery trails, and flash floods increases.
 - (m) Avoid self-driving in unfamiliar or hilly areas during rains opt for local drivers who know the terrain.
 - (n) **Do not attempt** to cross **bridges** or **roads submerged** in water they may be **damaged** or **unstable**.
 - (o) Cooperate with locals and district authorities, rescue agencies during emergencies or weather disruptions.
- (4) Do not risk cross any **drain** or **road overtopping** with **water flow**. Wait for flows to normalize and priorities / ensure safety.

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- (5) Do not risk enter a ponded under-construction road.
- (6) Do not take / allow children close to ponds / stagnant water, water drainage lines or any place where pot holes are present.
- (7) Sensitize all concerned on risks posed by **venturing into water channels** and **crossing nullahs** during flash floods.
- (8) Do not handle / repair any electrical equipment, especially with exposed lines to preclude risk of electrocution during rainfall / thunderstorms and water pondage.
- (9) Avoid staying in weak structures. In case of intense rain, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

b. **DDMAs / Local Administrations / DM Responders**

- Activation and deputation of duty staff for round-the-clock monitoring through Emergency Operation Centres (EOCs).
- (2) Collect and share the **latest information** with line departments, **provincial**, and **national authorities**.
- (3) Disseminate advisories, alerts, and guidelines to all concerned.
- (4) Generate Situation Reports (SITREPs) to cover any major incidents / developments.
- (5) Civic Agencies and Rescue Services (1122 / Fire Brigade / Ambulance / Civil Defence) to remain alert and have sufficient emergency response personnel and equipment during the forecasted holiday period.
- (6) Alert masses living in low-lying areas to exercise extra caution and activate community-based alert systems.
- (7) Limit the number of tourists allowed entry to picnic and tourist spots to avoid overcrowding.
- (8) Regulate **traffic** at **picnic** and **tourist spots** to ensure a smooth flow and **prevent congestion**.
- (9) Secure loose structures including billboards / hoardings / solar panels from effects of windstorms / thunder showers.

c. PDMAs / SDMA / GBDMA / ICT Administration

- (1) Coordinate with respective PDMAs to align local efforts with provincial strategies and guidelines.
- (2) Activate / ensure staffing of HR in EOCs for effective coordination and response.
- (3) Establish a **streamlined** and **efficient communication channel** to ensure **timely dissemination** of weather forecasts, **advisories**, and **alerts** to local administrations and the **public**.
- (4) Ensure flow of information among all stakeholders is accurate, timely, and effectively coordinated.
- (5) Ensure enforcement / dissemination of mitigative / preparedness / response guidelines to all concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

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d. Federal Ministries / Departments

- (1) Ensuring **interagency coordination** and **information sharing** for monitoring and handling emergencies.
- (2) Raise mass awareness through respective platforms relevant stakeholders about seasonal hazards.
- (3) Ensure strict and proactive monitoring of the movement around/ in close vicinity of nullahs and water channels to avert possibilities of drowning.
- 4. In case of any eventuality, twice-daily updates be shared with NDMA.
- 5. **Press Information Department Only**. With the request for wider circulation and public awareness.
- 6. For latest weather updates please visit: https://www.pmd.gov.pk/en/, Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan, NDMA Mobile App (Pak NDMA Disaster Alert) https://play.google.com/store/apps/details?id=com.mobileapp.ndmaalert, NDMA / PMD Social Media platform.

(Ali Imran Sayed) Director (Response)

Tel No: 051-9030924 Fax No: 051-9030729

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Director General, Pakistan Civil Aviation Authority, Karachi

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General Manager, Mangla Dam Authority

Director Generals, PDMAs, GBDMA & SDMA

Chief Commissioner ICT

Deputy Commissioner ICT

Director General, Rescue 1122, All Provincial Governments, GB & AJ&K

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Headquarters, Pakistan Railways, Lahore

Cc: Secretary to Prime Minister, Prime Minister's Office, Islamabad

Secretary, Cabinet Division, Islamabad

Joint Crises Management Cell, Joint Staff Headquarters, Chaklala Cantt

Military Operations Directorate (MO-4), General Headquarters, Rawalpindi Cantt

Engineers Directorate, General Headquarters, Rawalpindi Cantt

ACNS (Operations), Naval Headquarters, Islamabad

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Headquarters, Pakistan Maritime Security Agency, Karachi

Headquarters, Pakistan Coast Guards, Karachi

ID: COS

DG NEOC

DG Estb

Member (DRR)

Member (A&F)

ED Plans

ED IC

ED RM&M

ED IA&PD

ED NIDM

ED Tech

(E&M)

ED NR2F

ED CoE

Dir C&P

Dir Log

Dir R&R

PMD PRESS RELEASE



Government of Pakistan Ministry of Defense (Defense Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/128

Press Release:

Date: 25th July, 2025 Time: 16:00 PST

More rains with wind-thundershower predicted in upcoming week

According to Met office weak monsoon currents are continuously penetrating in upper/central parts of the country and is likely to intensify from 28th July. A westerly wave is likely to approach on 29th July. Under the influence of these meteorological conditions:

Kashmir/ Gilgit-Baltistan:

Rain-wind/thundershower with isolated heavyfalls is expected in Kashmir (Neelum valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhanoti, Kotli, Bhimber, Mirpur) from 27th to 31th July, while rain-wind/thunderstorm with isolated heavyfalls is expected in Gilgit-Baltistan (Diamir, Astore, Ghizer, Skardu, Hunza, Gilgit, Ghanche, Shigar) from 27th to 31st July with occasional gaps.

Khyber-Pakhtunkhwa:

Rain-wind/thundershower with isolated heavyfalls is expected in Dir, Chitral, Swat, Kohistan, Shangla, Battagram, Mansehra, Abbottabad, Haripur, Buner, Malakand, Bajaur, Mohmand, Khyber, Orakzai Kurram, Kohat, Peshawar, Charsadda, Nowshera, Mardan, Swabi, Hangu, Karak, Bannu, Lakki Marwat, Waziristan, Tank and Dera Ismail Khan from 28th to 31st July with occasional gaps

Puniab/Islamabad:

Rain-wind/thundershower with scattered heavyfalls is expected in Islamabad/Rawalpindi, Murree, Galliyat, Attock, Chakwal, Jhelum, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Sheikhupura, Sialkot, Narowal, Sahiwal, Jhang, Toba Tek Singh, Khushab, Sargodha, Mianwali, Nankana Sahib, Chiniot, Faisalabad, Kasur and Okara from 28th to 31st July, with occasional gaps.

Rain-wind/thundershower is also likely in D.G. Khan, Bhakkar, Layyah, Multan, Bahawalpur, Bahawalnagar, Khanewal, Pakpattan, Vehari, Lodhran, Muzaffargarh, Rajanpur, Rahimyar Khan and Kot Addu from 29th to 31st July with occasional gaps.

Rain-wind/thundershower (with isolated heavy fall) is expected in Northeastern/southern parts (Barkhan, Musakhel, Loralai, Sibbi, Harnai, Dera Bugti, Kohlu, Lasbella, Awaran, Khuzdar, Quetta, Zhob, Qilla Saifullah, Qilla Abdullah, Ziarat, Kalat and Sherani) from 29th (night) to 31st July.

Mainly hot and humid weather is expected in most parts of the province. However, rain-wind/thundershower is expected in Tharparker, Umer Kot, Mirpur Khas, Mithi, Khairpur, Dadu, Jacobabad, Kashmore, Sanghar, Sukkur, Ghotki and Larkana on 30th/ 31# July with occasional gaps.

Possible Impacts and advises:

- Heavy rains may generate flash floods in local nullahs/streams of Chitral, Dir, Swat, Shangla, Mansehra, Kohistan, Abbottabad, Buner, Charsadda, Nowshera, Swabi, Mardan, Murree, Galliyat, Islamabad/Rawalpindi, Hill torrents of D.G Khan and adjoining parts of northeastern Balochistan, Northeast Punjab and Kashmir from 29th to 31st July.
- Heavy falls may cause urban flood in low lying areas of Islamabad/Rawalpindi, Gujranwala, Lahore and Sialkot from 28th (night) to 31th July.
- Landslides/mudslides may cause roads closure in the vulnerable hilly areas of Khyber Pakhtunkhwa, Gilgit-Baltistan Murree, Galliyat and Kashmir during the forecast period.
- Heavy falls/windstorm and lightning may damage weak structures like roof/wall of Kacha houses, electric poles, bill boards, vehicles and solar panels etc during the forecast period.
- Public, Travelers and tourists are advised to avoid unusual exposure to vulnerable areas to avoid any untoward situation and keep updated about latest weather conditions

Note: All concerned authorities are advised to remain "ALERT" and take necessary measures to avoid any untoward

For latest weather updates please visit; https://www.pmd.gov.pk/en/, Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan, Social Media platform & CAP (Alert)

- MS to PM, Islamabad Sceretary Defence, Ministry of Defence Rawalpindi Chief See Punjab, KP, GB, Kashmir, Balochistan & Sindh Sceretary Irrigation Punjab, KP, GB, Kashmir, Balochistan & Sindh Sceretary Agriculture Punjab, KP, GB, Kashmir, Balochistan & Sindh Clairman NITA IG Motorpoos

- IG Motorways DG's PDMA & SDMA
- Secretary Health, MOCC & Water Resources. Secretary National Food Security and Research Chairman FFC & IRSA
- Director to Minister for MOCC Chief Commissioner Islamabad
- Commissioner Rawalpindi
- Rescue 1122
- s RMC's & Electronic and Print Media

Spokesperson Ph: 051-9250363-4



Government of Pakistan Ministry of Defense (Defense Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/128

Date: 25th July, 2025 Time: 16:00 PST

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الكف كدوران يواوالل او كن جك كم الدوق وقف مزيد بدخول كايتكونى

محکہ موسمیات کے مطابق مون مون مون مون مون مون اورائی کم شدت کے ساتھ ملک کے بالائی اوسطی علاقوں میں واعل ہوری ہی جو 22 ہولائی ہے مون مون اورائی شدت کے ساتھ ملک کے بالائی اور اورائی کا سلسلہ 28 ہولائی کو ملک کے بالا کی ملاقوں میں واعل ہونے کا بھی امکان۔ جس کے زیراش:

سنير الكان ويتنان:27 عـ 31 والألك مدودان علي مفارة بادروالاكون وي في وبايال، بالي وي اليسامة والي مدوالولي وي اليسامة والي مدوالولون وي اليسامة والي مدولا والوك اليسامة واليسامة والمواجد والمواجد والوك والمراجد والمواجد بر ٹن کی گئی آئے۔ جکہ ہے 27 پھر ان کلک دوران کلک بیشتان (دیا ہر استور مقرر سرور مقرر سرکر دورہنز ہو گلت مگرانے، مگل نے، مگل میں جو اوافل بادر کرج بیک کے ساتھ وقعے ہو گل جبکہ چھر مقلامین موسمان مبتد کر ان کی آئے۔ تي مي منتو تول 22 سے 31 جو الى كے دوران در درج الى سوات ، كو بستان ، شاكل ، تقرام مانتهر واليون آباد ، ورك يادر و يوني ورو يوني الي الكرام المان الله ورون الدرون اليون المان الله ورون الدرون الله الله ورون الله الكرام الله ورون الله الله ورون الله و الله ورون الله ورون الله ورون الله و الله ورون کل مروت دانک اوراسا میل خان میں جز ہواؤں اور کرنے جگ کے ساتھ وقتے ہے ارش جیکہ چند مثلات مرموسلاد حاریارش کی ججی اوقعے۔

ر بی از ایر از ایر ایروز کر ایروز ای خوشب، سر مودها، ميانوان، نكاند صاحب، پينيون، فيعل آياد، تصور يوراد كازه ش تيزيوادان اور كرين جك كرماته و تقريح يارش جيد بعض مقامات موسلاد عار بي مجي امكان. جيد 29 سه 1 8 جوالا في كه دومان وي ي خان، جمر المهان بهاو ليور بهاو نظر مقاله ال باكتن ، وبازى الودهر ال مطفر كره مداجن بورندهم بارخان اور كوشاد وهي مجي تيز جواؤن اور مرن چك كرماته و تخف و تف بارش كامكان ..

الوجتان: 29(مات) ع 31 جولالي كودوان: ثال شرقى/جولى علاقون (بركعان، مو كافتل، لودالاني، مي برنانيا، يرو برنانيا، يرو برنانيا، يراد كاران، خضدار، كوند، ووب، قلير سيف الله، قلم عيدالله، ليروت، قل مداور شيراني) ش تیز اوال اور کرن جک کے ساتھ بدش کا مکان۔ اس دوران چھ مقالت بر موساد حاربدش کی جی افتاع۔

عدد: 30 اور 31 والدي والموري عيشرطا قول على موسم كرم اورم طوب دين كامكان عام تحريد كر، تم كون مير ورخاص، على فير يورداده جيك آباد، بمثور، ما تحر، مكر وكان عربي والالبادر كرن جلك ك ساتھ بار فر کاامکان۔

مكندا الراحه اوراحتياطي هاير:

- 29 = 31 جولائ کے دوران شریع بورش کے باصف پر الل در بر مواحد مثالا مانسرور، کوہنان میں انہور تر بواحد موادن مری، گلیامت او شرو داسام کر اور انہور کے بادر مواحد کی اللام انسرور، کوہنان مثال مانسرور، کوہنان مانسرور، کوہنان ایراسے بلحقہ طاقوں، شال مشرقی بنواب اور سشیر کے مقامی ارسانی ندی ناوں میں طفیانی کا تنظر مدعوام الناس کواحتیا کی بدایت
 - 28 (رامت) ہے 1 39 الل کے دوران شدید باد شوں کے باعث اسلام آباد ار اولیٹری کوجر انوالہ مالا مورادر سالکوٹ کے تھی ملاتے (رائب آنے کاند شہ
 - ائن و وان شدید باد شول کے باصف خیر پکتو توا، گلٹ بلتان ، مر کااور گلیات میں اپنا سمائیڈ مگ کے باصف ٹریقک کی آمد ور خت میاثر اور نے کا تعزید
 - شدید باز شول آآئد می اجتلا یطینا در کرن چک کے باصف دوز مر مے معمولات مثال ہوئے، کرور افراسل کھر (کے کھر ادبواری، کل سے تھے، بل یوروز، کازیوں سوار عثل وغیر ما کو نقصان کا تدیشہ۔
- سافروں اور سیاح حفرات سنر کے دور ان دیا و عملار بیل اور مو کی مالات کے مطابق اسے سنر کا انگام کریں اور باد شوں کے دور ان کی مجی ناخ مگرار صور تھائی ہے ہی کے سے موسم کے بارے میں آگای ماصل کریں۔

نوت: قام حفظ ادارول كو "الرب " رين ادركين و هكاروالقد الدين التي الم خرود كاقدادات كرف كابدايت كى جاتى ب-مال مران معلومات ك في https://www.pmd.gov.pk/en/

المعيدا على المراجل https://play.google.com/store/apps/details?id=com.pmd kissan موشل ميذياور CAP الري

- Distributions: 1. MS to PM, Islamabad

 - 1. MS to PM, Islamshod
 2. Secretary Defence, Ministry of Defence Rawalpindi
 3. Chief Sec Ponjah, KP, GB, Kashmir, Balochistan & Sindh
 4. Secretary Irrigation Punjah, KP, GB, Kashmir, Balochistan & Sindh
 5. Secretary Agriculture Punjah, KP, GB, Kashmir, Balochistan & Sindh
 6. Chairman NDMA
 7. Chairman NHA
 8. IG Motorways
 9. DG's PDMA & SDMA
 10. Secretary Health, MOCC & Water Resources.

 - 10. Secretary Health, MOCC & Water Resources
 - Secretary National Food Security and Research
 Cherman FFC & IRSA
 Director to Minister for MOCC

 - Chief Commissioner Islamabad
 Commissioner Rawalpindi

 - 16. Rescue 1122.

 17. Directors RMC's & Electronic and Print Media.

حرجمان (محكه موسمیات) Ph 051-9250363-4