MOST IMMEDIATE



F.2(E)/2025-NDMA (MW/ Weather Advisory) Government of Pakistan Prime Minister's Office

National Disaster Management Authority (HQ)
Main Murree Road Near ITP Office, Islamabad

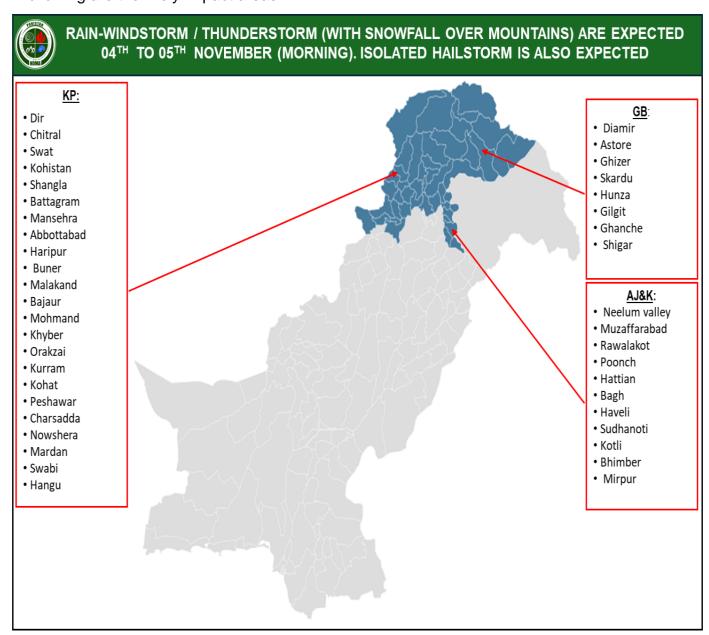


Dated: 3 November 2025

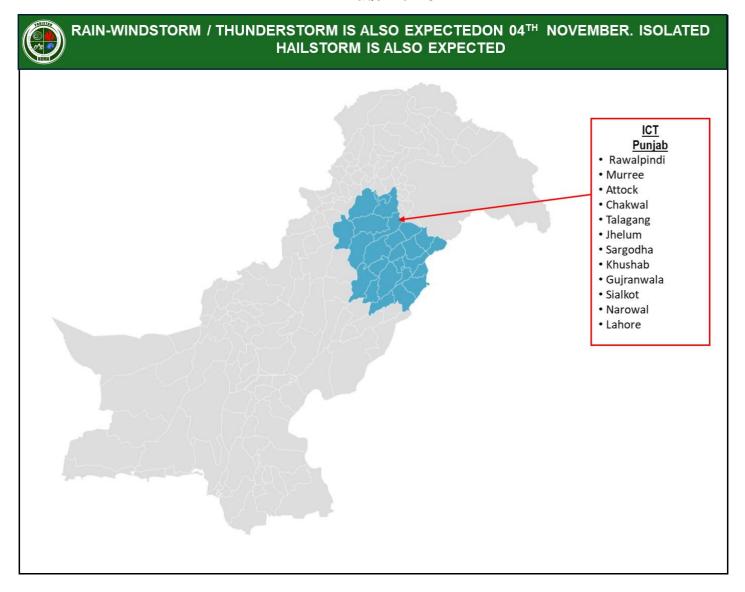
Subject:

Rain-Wind / Thunderstorm (with snowfall over mountains) predicted in Upper parts on 4th November Temperatures are also likely to drop significantly in Upper Parts of the Country in next few days

A Westerly Wave is likely to approach Upper Parts of the Country on 3rd (Night) and may persist till 5th November 2025. Under the influence of these Meteorological conditions following are the likely Impact areas: -



Important: Tourists traveling to northern areas are advised to check weather and road conditions in advance, carry proper winter gear, avoid travel during heavy snowfall or road closures, and follow the attached travel safety checklist (Annex-A).



2. Under the influence of this weather system, following are likely impacts: -

a. Likely Impacts

- (1) Heavy to very heavy rains may generate flash floods in local nullahs / streams.
- (2) **Heavy Downpour** may cause **urban flooding** in **low lying** areas.
- (3) Heavy rains may trigger Landslides / Rockfall in hilly areas.
- (4) Electricity / other utility services may get disrupted.
- (5) **Isolated hailstorm** may cause damage to cause injures and damage to infrastructures, orchards, farms and vehicles etc.
- (6) Windstorms may damage crops, loose structures, etc.
- (7) **Thunderstorms** to increase risk of **lightning strikes**.
- (8) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (9) Tourists are advised to remain cautious during the spell and check weather updates before traveling.
- (10) Landslides / mudslides may lead to potential road blockages.
- (11) Windstorms may damage crops, loose structures, etc.

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- (12) Thunderstorms to increase risk of lightning strikes.
- (13) Electricity / other utility services may get disrupted.
- (14) General public is advised to be aware of loose structures like billboards, electrical poles, solar panels, hoardings, etc.
- (15) Farmers are advised to plan and manage their activities in accordance with weather forecasts, especially regarding hailstorms and frost conditions.
- (16) Avoid outdoor exposure during rains, strong winds, and prolonged cold and windy conditions, particularly at night and in early morning hours.
- (17) Tourists and travelers visiting mountainous areas are advised to remain cautious of flash floods, avalanche glaciers, landslides, rock fall / tree fall, derbies / mud flow during the period.
- 3. In this regard, all concerned Federal Ministries / Departments, respective Provincial Governments, their line departments including PDMAs / GBDMA / SDMA/ ICT Administration, DDMAs/ local administrations, municipal authorities of major metropolises are advised to ensure following along with any other measures deemed necessary:
 - a. Aspects for Mass Awareness / Enforcement
 - (1) During **hailstorm**, follow these safety tips to protect yourself: -
 - (a) <u>Seek Shelter Immediately</u>: Move indoors or take cover in a sturdy building or vehicle.
 - (b) <u>Stay Away from Windows</u>: Hail can shatter glass stay in a windowless room if possible.
 - (c) Protect Your Head: If caught outside, use anything available (bag, jacket, helmet) to cover your head and neck.
 - (d) Pull Over Safely (if driving): Stop the vehicle under a bridge, roofed area, or off the road. Stay inside with seatbelt fastened.
 - (e) **Do Not Drive in Heavy Hail**: Visibility drops drastically and roads become slippery.
 - (f) <u>Listen to Weather Updates</u>: Use radio, mobile alerts, or apps to monitor the situation.
 - (g) <u>Cover Vehicles and Equipment</u>: If time allows, protect vehicles, livestock, and outdoor equipment with tarps or blankets.
 - (h) Wait for the All-Clear: Stay sheltered until authorities confirm it's safe to move.
 - (2) During **thunder-storm** and **lightning strike**, follow these safety tips to protect yourself: -

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- (a) <u>Do Not Seek Shelter Under Trees or Poles</u>: These attract lightning and don't protect well from hail.
- (b) Avoid Open Fields and Hilltops: These are more exposed to hail and lightning.
- (c) <u>Do Not Use Electrical Appliances</u>: Avoid wired devices, plumbing, and electronics during accompanying thunderstorms.
- (d) <u>Move Away from Drainage Canals and Pondages</u>: Avoid standing nearby drainage canals and pondages as it attracts lightning.
- (e) <u>Seek Shelter Immediately</u>: Move indoors or take cover in a sturdy building or seek shelter in a dry place.
- (3) Travelers / tourists are advised to: -
 - (a) Plan travels to picnic and tourist spots **considering weather** and traffic **conditions**.
 - (b) Properly dispose off garbage at **designated areas** to prevent **clogging** of **drainage systems**.
 - (c) Avoid overcrowding picnic and tourist spots and ensure personal safety.
 - (d) Keep children away from nullahs / pot holes / drainage lines to avoid accidents.
 - (e) Carry sufficient drinking water, food supplies, medicines, and power banks, as prolonged road blockage and delays are possible during snowfall.
 - (f) Wear proper winter clothing and insulated footwear, and carry additional warm layers, gloves, and waterproof jackets.
 - (g) Maintain a safe distance (minimum 20 feet) from rivers, streams, and nullahs, as sudden water rise or snowmelt flow may occur.
 - (h) Choose hotels or guest houses located on higher ground and away from riverbanks, avalanche zones, and landslide-prone slopes.
 - (i) Ask hotel staff about emergency exits, local hazards, and evacuation procedures in case of emergency.
 - (j) Avoid walking or driving through flooded, frozen, or snowcovered roads—even shallow moving water or black ice can be life-threatening
 - (k) Avoid trekking, hiking, or camping during heavy rains risk of landslides, slippery trails, and flash floods increases.

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- (I) Avoid self-driving in unfamiliar or hilly areas during rains opt for local drivers who know the terrain.
- (m) Do not attempt to cross snow-covered or water-overtopped bridges and roads, as they may be unstable, slippery, or structurally unsafe.
- (n) Cooperate with locals and district authorities, rescue agencies during emergencies or weather disruptions.
- (o) Do not allow children near frozen ponds, stagnant water, drainage lines, or snow-covered pits, especially during low visibility.
- (p) Sensitize all travelers about the danger of entering snow-filled water channels or crossing nullahs during flash floods or snowmelt.
- (q) Do not touch or repair electrical appliances, poles, or exposed wires during rain or snow due to risk of electrocution.
- (4) Avoid staying in weak structures. In case of intense rain, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

b. **DDMAs / Local Administrations / DM Responders**

- Activation and deputation of duty staff for round-the-clock monitoring through Emergency Operation Centres (EOCs).
- (2) Collect and share the **latest information** with line departments, **provincial**, and **national authorities**.
- (3) Disseminate advisories, alerts, and guidelines to all concerned.
- (4) Generate Situation Reports (SITREPs) to cover any major incidents / developments.
- (5) Civic Agencies and Rescue Services (1122 / Fire Brigade / Ambulance / Civil Defence) to remain alert and have sufficient emergency response personnel and equipment during the forecasted holiday period.
- (6) Alert masses living in low-lying areas to exercise extra caution and activate community-based alert systems.
- (7) Limit the number of tourists allowed entry to picnic and tourist spots to avoid overcrowding.
- (8) Regulate **traffic** at **picnic** and **tourist spots** to ensure a smooth flow and **prevent congestion**.
- (9) Secure loose structures including billboards / hoardings / solar panels from effects of windstorms / thunder showers.

c. PDMAs / SDMA / GBDMA / ICT Administration

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- (1) Coordinate with respective PDMAs to align local efforts with provincial strategies and guidelines.
- (2) Activate / ensure staffing of HR in EOCs for effective coordination and response.
- (3) Establish a streamlined and efficient communication channel to ensure timely dissemination of weather forecasts, advisories, and alerts to local administrations and the public.
- (4) Ensure flow of information among all stakeholders is accurate, timely, and effectively coordinated.
- (5) Ensure enforcement / dissemination of mitigative / preparedness / response guidelines to all concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

d. Federal Ministries / Departments

- (1) Ensuring interagency coordination and information sharing for monitoring and handling emergencies.
- (2) Raise mass awareness through respective platforms relevant stakeholders about seasonal hazards.
- (3) Ensure strict and proactive monitoring of the movement around/ in close vicinity of nullahs and water channels to avert possibilities of drowning.
- 4. In case of any eventuality, twice-daily updates be shared with NDMA.
- 5. **Press Information Department Only**. With the request for wider circulation and public awareness.
- 6. For latest weather updates please visit: https://play.google.com/store/apps/details?id=com.pmd.gov.pk/en/, Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan, NDMA Mobile App (Pak NDMA Disaster Alert) https://play.google.com/store/apps/details?id=com.mobileapp.ndmaalert, NDMA / PMD Social Media platform.

(Ali Imran Sayed) Director (Response) Tel No: 051-9030924

Fax No: 051-9030729

DISTRIBUTION LIST

To: Secretary, Ministry of Interior, Islamabad

Secretary, Ministry of National Health Services, Regulation & Coordination, Islamabad

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Secretary, Ministry of Water Resources, Islamabad

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Chief Secretary, All Provincial Governments, GB & AJ&K

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General Manager, Tarbela Dam Authority

General Manager, Mangla Dam Authority

Director Generals, PDMAs, GBDMA & SDMA

Chief Commissioner ICT

Deputy Commissioner ICT

Director General, Rescue 1122, All Provincial Governments, GB & AJ&K

Headquarters, Frontier Works Organization (FWO), Rawalpindi

Headquarters, National Highways & Motorway Police, Islamabad

Headquarters, National Electric Power Regulatory Authority, Islamabad

Headquarters, National Transmission & Dispatch Company (NTDC), Islamabad

Headquarters, Pakistan Railways, Lahore

Cc: Secretary to Prime Minister, Prime Minister's Office, Islamabad

Secretary, Cabinet Division, Islamabad

Joint Crises Management Cell, Joint Staff Headquarters, Chaklala Cantt

Military Operations Directorate (MO-4), General Headquarters, Rawalpindi Cantt

Engineers Directorate, General Headquarters, Rawalpindi Cantt

ACNS (Operations), Naval Headquarters, Islamabad

ACAS (Operations), Air Headquarters, Islamabad

Headquarters, Pakistan Maritime Security Agency, Karachi

Headquarters, Pakistan Coast Guards, Karachi

ID: COS

DG NEOC

DG Estb

Member (DRR)

Member (A&F)

ED Plans

ED IC

ED RM&M

ED IA&PD

ED NIDM

ED Tech

(E&M)

ED NR2F

ED CoE

Dir C&P

Dir Log

Dir R&R

Tourist Winter Checklist



Key Guidelines for Winter Travel Safety

Check Weather Forecast

Regularly check NDMA's website & mobile app for updated weather information.



Check Alerts/Advisories

Check websites of respective PDMA / GBDMA / SDMA for area specific alerts / advisories.













Check NH&MPH Website

Before departing, check with National Highways & Motorway Police (NH&MP) on their website for road conditions of intended route.





Take Travel Essentials

Carry basic travel necessities i.e., drinking water, medicine and enough snacks / food which can suffice for basic needs of all accompanying travelers for a period of at least 48 hours.



Ensure Availability of Anti-Skid Chains

Check requirement of anti-skid/ tire chains and coordinate its availability in case of need.



Vehicle Maintenance **Before Travel**

Ensure proper checking and maintenance of vehicle from a mechanic before commencement of journey. Also carry a spare tire, radiator fluids and lubricants. as advised by the mechanic.





Carry Warm Clothes

Carry enough quantity of warm clothing for all passengers to keep warm during extreme weather conditions and provide an option of changing into dry clothes, if required.



Ensure Fresh Air Circulation

Keep passage for fresh air circulation through air conditioning mechanism or keeping a window slightly open.





Confirm Accommodation Before Travel

Ensure availability of accommodation and seek prior confirmation from hotel / guestroom for reservations before departing on trip, including:-

- (a)Prevailing situation in the area
- (b)Road condition and diversions (c)Traffic flow pattern and busy hours to avoid traffic jams.
- (d)Availability of medical and health facilities



National Disaster Management Authority (NDMA)



Key Guidelines for Local Administration / Hotel Management

Strengthen Local Monitoring Systems

Energize existing local administration / DDMA and line department-based monitoring and reporting mechanism.



Community-Based Hazard Monitoring

Engage local communities at hazard prone sites to enable round the clock monitoring and feedback mechanism for early warnings and alerts.



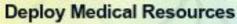
Awareness Campaigns on Region level

Prepare general and region specific awareness campaigns and ensure wide spread propagation of likely threats / hazards.



Pre-Position Machinery

In coordination with NHA / FWO, local C&W and line departments to devise and pre-place appropriate machinery at vulnerable / choke points.



Medical resources, paramedics, equipment and medicine be deployed as per the vulnerability / risks identified in different regions.



Traffic Management Plans

Devise city-based snow clearance and traffic management plans especially in snow prone areas likely to face greater influx of tourists.



Travel Advisory on Road Conditions

LEAs along with traffic police to advise travelers regarding likely situations of road closure/slippery conditions and use of precautionary measures.



Establish Emergency Operations Center

Establish Emergency Operations Centers (EOCs) at district and provincial levels for continuous monitoring of the situation. Ensure coordination of response efforts among relevant agencies through these centers.





Warn Tourists About Risk Zones

Travelers and tourists be forewarned about likely risks posed at vulnerable locations.



National Disaster Management Authority (NDMA)



خوراک کا ذخیره

فرسٹ ایڈ کٹ

موسم سرما کےحوالےسے ضروری احتياطي تدابير



EMERGENCY EVACUATION

ROUTE

سردی سے بچاو کا استمام

روایتی حرارتی طریق

سردی سے بچاؤ کے لیے گرم کپڑوں کے ساتھ ساتھ روائتی طریقہ کار اپنائیں جیسا کہ کوئلوں کی انگیٹھی وغیرہ، گیس کے چھولے کا استعمال محدود کریں اور گیسوں کے احراج کے لیے مناسب طریقہ کار اختیار کریں۔

بچلی کے متبادل ڈرائع • بقینی بنائیں کہ آپ کے پاس بیک آپ پاور سورس ہے، جیسے کہ جنریٹر یا بیٹری سے چلنے

- والا پاور بینکہ فلیش لائٹس اور دیگر آلات کے لیے اضافی بیٹریاں رکھیں۔

<mark>برف حٹائے کا سامان</mark> برف حٹانے کا سامان مثلاً بیلچہ، برف پگھلانے والے کمیکل اور راستوں سے برف حٹانے کے لیے ضروری اشیاء اور منصوبہ بندی کو یقینی بنائیں۔

گرم کپڑے اور کمبل
• سردی سے بچاؤ کے لیے گرم کپڑے، کمبل، شال اور رضائی وغیرہ کا استعمال کریں علاوہ ازیں گرم ٹوپی، دستانے، سکارف اور موزوں کا استعمال یقینی بنائیں۔

ابتدائي طبي امدادكا طريقه كار

سردیوں کے دوران زخموں اور بیماریوں سے بچاؤ کے لیے ابتدائی طبی امداد کی بنیادی اصولوں سے آگاہ رہیں۔

انخلاء كا منصوب ممکنہ انخلاء کے لیے قبل از وقت منصوبہ بندی کریں۔ انخلا کی صورت میں مقامی سطح پر راستوں کا تعین اور محفوظ مقامات تک یہنچنے کی تیاری رکھیں۔



Home Winterized Checklist





FOOD SUPPLIES

- Stock up on non-perishable food items that require minimal cooking, such as canned goods, rice, and lentils.
- Ensure you have an ample supply of diapers, formula, and other necessities for infants and young children.



EMERGENCY COOKING

Have an alternative means for cooking in case of power outages, such as a portable stove, etc.



FIRST AID KIT

- · Assemble a basic first aid kit with essential supplies.
- · Bandages, Band-aids, Alcohol Pads, etc.
- · Essential Medicines; Paracetamol, Aspirin, Imodium, etc.



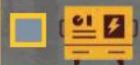
INSULATION IMPROVEMENTS

- Use locally available materials for additional insulation, such as heavy curtains or blankets on windows and doors.
- Insulate water pipes to prevent freezing
- · Allow faucets to drip during extremely cold nights to prevent pipe freezing.



TRADITIONAL HEATING METHODS

- Explore traditional heating methods like charcoal braziers or clay stoves if modern heating sources are limited.
- Avoid Carbon monoxide poisoning through proper ventilation.



BACKUP POWER

- Ensure you have a backup power source, such as a generator or batteryoperated power packs.
- · Have extra batteries for flashlights and other devices.



SNOW REMOVAL EQUIPMENT

- · Have snow shovels, ice melt, and a snow blower if necessary.
- · Keep paths and driveways clear to prevent accidents.



WARM CLOTHING AND BLANKETS

- Ensure you have enough warm clothing, including hats, gloves, scarves, and thermal socks.
- · Have extra blankets for warmth.



LEARN BASIC FIRST AID

- . Learn Basic First Aid:
- Refresh your knowledge of basic first aid techniques to handle common winter related injuries.



PLAN FOR EVACUATION

Know your local evacuation routes and have a plan in case you need to leave your home.



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Government of Pakistan Ministry of Defence (Defence Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/143 Press Release:

Date: 03rd November, 2025

Time: 13:00 PST

Rain-wind/thunderstorm (with snowfall over mountains) predicted in upper parts on 04th November

Temperatures are likely to drop significantly in upper parts of the country in next few days

According to the Met. Office: A westerly wave is likely to approach upper parts of the country on 03rd(night) and may persist till 05th November.

Under the influence of this westerly wave:

- Rain-windstorm/thunderstorm (with snowfall over mountains) are expected in Chitral, Dir, Swat, Kohistan, Shangla, Battagram, Buner, Mansehra, Abbottabad, Haripur, Malakand, Bajaur, Mohmand, Khyber, Swabi, Nowshera, Peshawar, Mardan, Charsadda, Kurram, Orakzai, Hangu, Kohat, Galliyat, Kashmir (Neelum valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhanoti, Kotli, Bhimber, Mirpur) and Gilgit-Baltistan (Diamir, Astore, Skardu, Gilgit, Hunza, Ghanche, Shigar) from 04th to 05th November (morning). Isolated hailstorm is also expected during the period.
- Rain-windstorm/thunderstorm is also expected in Islamabad/Rawalpindi, Murree, Attock, Chakwal, Talagang, Jhelum, Sargodha, Khushab, Gujranwala, Sialkot, Narowal, Lahore on 04th November. Isolated hailstorm is also expected during the period.

Possible Impacts and advises:

- Day Temperatures are likely to drop significantly during the wet spell & night Temperatures thereafter.
- Foggy and smoggy conditions are expected to subdue during the wet spell and redevelop afterwards.
- Farmers are advised to manage their activities keeping in view the weather forecast.
- Travelers and tourists are advised to schedule their trips particularly in hilly areas keeping in view the weather forecast.
- Windstorm, Hailstorm and lightning may cause damage to loose structures.

For daily weather updates please visit<u>: https://www.pmd.gov.pk/en/.</u> Pak Weather application https://play.google.com/store/apps/details?id=com.pmd.kissan, Social Media platform & CAP (Alert)

Distributions:

- 1. MS to PM, Islamabad
- 2. Secretary Defence, Ministry of Defence Rawalpindi
- 3. Chief Sec Punjab, KP, GB, Kashmir, Balochistan & Sindh
- 4. Secretary Irrigation Punjab, KP, GB, Kashmir, Balochistan & Sindh
- Secretary Agriculture Punjab, KP, GB, Kashmir, Balochistan & Sindh
- Chairman NDMA
- 7. Chairman NHA
- 8. IG Motorways
- 9. DG's PDMA & SDMA
- 10. Secretary Health, MOCC & Water Resources.
- 11. Secretary National Food Security and Research
- 12. Chairman FFC & IRSA
- 13. Director to Minister for MOCC
- 14. Chief Commissioner Islamabad
- 15. Commissioner Rawalpindi
- 16. Rescue 1122
- 17. Directors RMC's & Electronic and Print Media.

Spokesperson Ph: 051-9250363-4



Government of Pakistan Ministry of Defence (Defence Division) Pakistan Meteorological Department National Weather Forecasting Centre Sector: H-8/2, Islamabad.

NWFC-5(10A)/2017/143

Date: 03rd November, 2025 Time: 13:00 PST

ي يس يليز

ملک کے بالا کی علاقوں میں 40 فومبر کے دوران تیز ہواؤں اور مرج جیک کے ساتھ بارش (بھاڑوں پر بر فباری) کی پینگلو کی آئده چندروز ش ملک کے بالائی ملاقوں ش درجہ حرارت ش تمایاں کی کاامکان ہے۔

محکمہ موسمات کے مطابق مغ بی ہواؤں کاسلسلہ 03 فومبر کی رات ہے ملک کے بالا ٹی علاقوں میں داخل ہونے کاامکان ہے جو **05 نومبر** تک موجو درے گا۔ : אשונות:

04 🕳 50 نومبر کی می کے دوران: پتر ال، دیر، سوات، کو بستان، شانگلہ، بلکرام، مانسہرہ، ایب آباد، ہری بور، بونیر، مالاکٹر، بابوڑ، مہند، تبیر، صوابی، نوشہرہ، پشاور، مروان، چارسدہ، کرم، اور کزئی، ہنگو، کوبات، گلیات سمتیر (وادی نیلم، مظفرآ باد، راولا کوٹ، یو نیچه، ہٹیاں، باغ، حو بلی، سدھانوتی، کو ٹلی، بجمبر، میریور)اور گلت بلتتان (دیامیر،استور، سکر دو، گلت، ہنزو، گھانچے، شکر) میں تیز بواؤل آئد ھی اور گرج جیک کے ساتھ بارش (بہاڑول پر بر <mark>فیاری)</mark> کا مکان۔ اس دوران چیز مقامات پر ژالہ باری بھی متوقع ہے۔

04 نومبر کے دوران: اسلام آباد اراولینڈی، مری، افک، چکوال، تلہ گنگ، جہلم، سر گودھا، ٹوشاب، گوجرانوالہ، سیالکوٹ، نارووال، لاہور میں بھی تیز ہواؤں اُتدھی اور کرج بیک کے ساتھ بارش کا ام کان۔اس دوران چند مقامات پر ژالہ باری بھی متو قع ہے۔

مكندا ثرات اوراحتياطي عمايير:

- ہادش کے دوران دن کے ورجہ خرارت میں کی متوقع جیکہ رات کے درجہ خرارت میں اس سلسلہ کے بعد نمایاں کی آئی گا۔
 - ہارشوں کے سلیلے کے دوران سموگ او حند ش کی جکہ ہارش کے بعد دو ہارورز ہے کا امکان۔
 - کسان حضرات موسماتی پش گوئی کوید نظر رکھتے ہوئے اپنے معمولات ترتیب دیں۔
 - مسافرون ادرساح حضرات موسمی مالات کے مطابق (خصوصاً پیاڑی علاقوں میں) اسے سفر کا انتظام کری۔
 - آئد حی/ جگز ملئے ، ڈالہ ہار کاور کرج جگ کے باعث کمز ور انفراسر کی کو تقصان کا اندیشہ۔

نوٹ: قمام متعلقہ اداروں کو ''ارٹ ''رہنے ادر کسی ناخو شکوار واقعہ ہے بینے کے لیے قمام خروری اقد امات کرنے کی ہدارے کی جاتی ہے۔

متروتر معلومات کے کے /https://www.pmd.gov.pk/en

BETEORE ياك ويدرائيل ميش https://play.google.com/store/apps/details?id=com.pmd.kissan سوشل مذباورCAP الرث OGICAL

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- 3. Chief Sec Punjab, KP, GB, Kashmir, Balochistan & Sindh
- 4. Secretary Irrigation Punjab, KP, GB, Kashmir, Balochistan & Sindh
- Secretary Agriculture Punjab, KP, GB, Kashmir, Balochistan & Sindh
- Chairman NDMA
- 7. Chairman NHA
- 8. IG Motorways
- 9. DG's PDMA & SDMA
- 10. Secretary Health, MOCC & Water Resources.
- 11. Secretary National Food Security and Research
- 12. Chairman FFC & IRSA
- 13. Director to Minister for MOCC
- 14. Chief Commissioner Islamabad
- 15. Commissioner Rawalpindi
- Rescue 1122.
- 17. Directors RMC's & Electronic and Print Media.

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