



HEATWAVE ALERT (MAY 2024)



ANTICIPATED EXPOSURE

Punjab

District: Bahawalpur

Total Population **674,155**

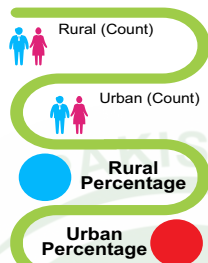
Gender	Total
Male	24,67,840
Female	23,45,938
Transgender	228

Rural (Count) **1,468,652**

Urban (Count) **588,405**

Rural Percentage **71%**

Urban Percentage **29%**



District: Rahim Yar Khan

Total Population **5,564,703**

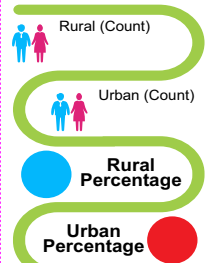
Gender	Total
Male	2,67,840
Female	2,34,593
Transgender	228

Rural (Count) **1,468,652**

Urban (Count) **588,405**

Rural Percentage **71%**

Urban Percentage **29%**



Sindh

District: Matiari

Total Population **769,349**

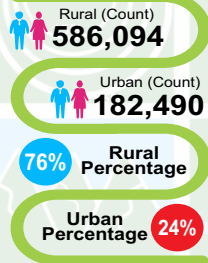
Gender	Total
Male	396,799
Female	372,518
Transgender	32

Rural (Count) **586,094**

Urban (Count) **182,490**

Rural Percentage **76%**

Urban Percentage **24%**



District: Tando Allah Yar

Total Population **836,887**

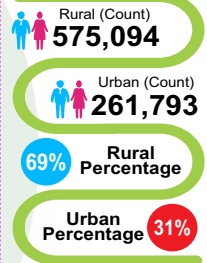
Gender	Total
Male	432,746
Female	404,112
Transgender	29

Rural (Count) **575,094**

Urban (Count) **261,793**

Rural Percentage **69%**

Urban Percentage **31%**



District: Tharparkar

Total Population **1,649,661**

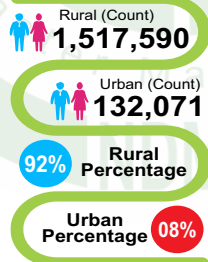
Gender	Total
Male	882,365
Female	767,266
Transgender	30

Rural (Count) **1,517,590**

Urban (Count) **132,071**

Rural Percentage **92%**

Urban Percentage **08%**



District: Umerkot

Total Population **1,073,146**

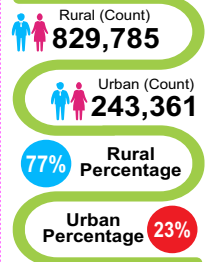
Gender	Total
Male	557,557
Female	515,569
Transgender	20

Rural (Count) **829,785**

Urban (Count) **243,361**

Rural Percentage **77%**

Urban Percentage **23%**



District: Sanghar

Total Population **2,057,057**

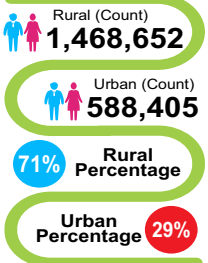
Gender	Total
Male	1,064,484
Female	992,509
Transgender	64

Rural (Count) **1,468,652**

Urban (Count) **588,405**

Rural Percentage **71%**

Urban Percentage **29%**



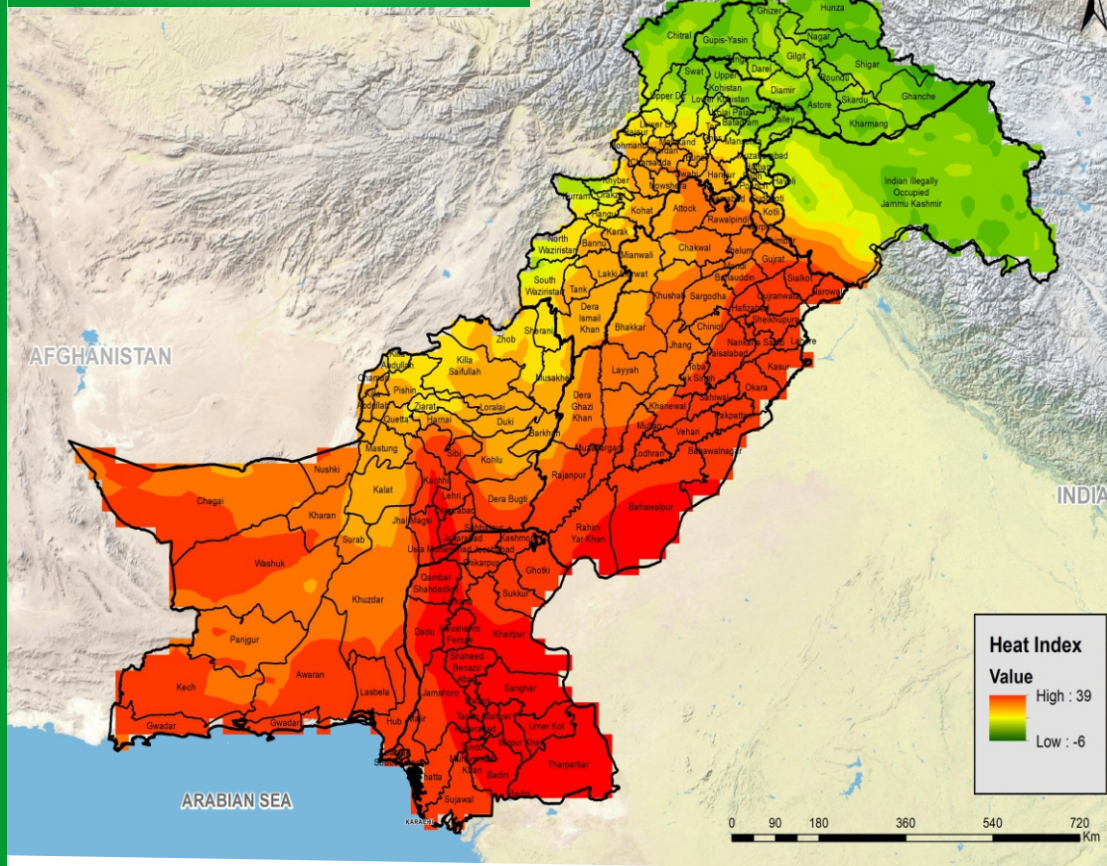
LEAD RESPONDER

- Health Departments
- PDMA's (Provincial Disaster Management Authorities)
- NGOs and INGOs
- Ambulance services (Chhipa, Edhi e.g)

Expected Occurrence Time **May 15-31, 2024**

Heatwave Projection

May 2024



FORECAST

- A severe heatwave is expected in the mentioned districts from **15th May, 2024 to 31st May 2024** with temperatures likely to soar above 45°C (113°F).

EXPOSED DISTRICTS

- Umarnkot, Tharparkar, Tando Allahyar, Matiari and Sanghar in Sindh and Bahawalpur and Rahim Yar Khan in Punjab.

ESSENTIAL HEATWAVE PRECAUTIONS

- Drink plenty of water and other fluids to stay hydrated, especially during outdoor activities.
- Try to avoid outdoor activities during the hottest part of the day (11am-3pm).
- Check on vulnerable individuals, such as the elderly and children, to ensure their safety and well-being.
- Follow local guidance and instructions from authorities to ensure your safety during this heatwave.