



F.2(E)/2026-NDMA (MW/ Weather Advisory)
Government of Pakistan
Prime Minister's Office
National Disaster Management Authority (HQ)
 Main Murree Road Near ITP Office, Islamabad

MOST IMMEDIATE



Dated: **21 August 2026**

Subject: **More Rain-Wind / Thundershower Predicted in Upper and Central Parts During the Weekend**

Pakistan Meteorological Department (**Annex-A**) has informed **Monsoon currents** are continuously penetrating **Upper** and **Central parts** of the **country**. A **Westerly wave** is also present over **Upper parts** of the **country**. Under the influence of this weather system: -

- a. **Kashmir**. Rain-wind/thundershower (**with isolated heavy falls**) is expected in Neelum valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhanoti, Kotli, Bhimber, Mirpur from **21st (night)** to **23rd August 2026 with occasional gaps**.
 - b. **Khyber-Pakhtunkhwa**. Rain-wind/thundershower (**with isolated heavyfalls**) is expected in Dir, Chitral, Swat, Kohistan, Malakand, Nowshera, Charsadda, Swabi, Shangla, Battagram, Buner, Kohat, Hangu, Kurram, Bajaur, Mohmand, Khyber, Orakzai, Mansehra, Abbottabad, Haripur, Peshawar, Mardan, Karak, Tank, Lakki Marwat, D.I Khan, Bannu, Waziristan from **21st (evening/ night)** to **23rd August 2026 with occasional gaps**.
 - c. **Islamabad/Upper Punjab**. Rain-wind/thundershower (**with isolated heavyfalls**) is expected in Islamabad, Rawalpindi, Murree, Galliyat, Jhelum, Chakwal, Talagang, Attock, Sialkot, Narowal, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Kasur, Okara, Sheikhpura, Nankana Sahib from **21st (evening/ night)** to **23rd August (morning) with occasional gaps**, while in Sargodha, Khushab, Mianwali, Noorpur, Faisalabad, Jhang, Toba Tek Singh, Layyah, Bhakkar, Sahiwal, Pakpattan, D.G. Khan on **22nd August 2026**.
 - d. **Gilgit-Baltistan**. Rain-wind/thundershower is expected in Diamir, Astore, Ghizer, Skardu, Hunza, Gilgit, Ghanche, Shigar from **21st (evening/ night)** to **23rd August 2026 with occasional gaps**.
 - e. **Sindh & Balochistan**. **Mainly hot** and **humid weather** to prevail in most parts. However, **rain-wind/ thundershower** is expected in Musakhel, Barkhan, Zhob, Kalat and Khuzdar on **21st (evening/ night)** and **22nd August 2026**.
2. Under the influence of this weather system, following are likely impacts: -
- a. **Heavy rains** may cause **Urban flooding** in low lying areas of Islamabad/ Rawalpindi, Mardan, Swabi, Gujranwala, Gujrat, Sialkot and Lahore during the weekend.
 - b. Heavy rain may cause **flash flooding** in local streams/ Nullahs in Kashmir, Murree,

Galliyat, Islamabad and Rawalpindi during the forecast period.

- c. **Landslides** may occur in hilly areas of Khyber Pakhtunkhwa, Gilgit-Baltistan, Murree, Galliyat and Kashmir during the forecast period.
- d. Tourists and travelers are advised to remain cautious during the forecast period.
- e. Farmers are advised to manage their crop activities keeping in view the weather conditions and take care of their livestock as well.

3. Keeping in view the aforesaid situation general public is advised to follow the safety measures mentioned below: -

a. **Aspects for Mass Awareness/ Enforcement**

- (1) During **thunder-storm** and **lightning strike**, follow these safety tips to protect yourself: -
 - (a) **Do Not Seek Shelter Under Trees or Poles**. These attract lightning and don't protect well from hail.
 - (b) **Avoid Open Fields and Hilltops**. These are more exposed to hail and lightning.
 - (c) **Do Not Use Electrical Appliances**. Avoid wired devices, plumbing and electronics during accompanying thunderstorms.
 - (d) **Move Away from Drainage Canals and Pondages**. Avoid standing nearby drainage canals and pondages as it attracts lightning.
 - (e) **Seek Shelter Immediately**. Move indoors or take cover in a sturdy building or **seek shelter** in a **dry place**.
- (2) **Travelers/ tourists** are advised to:-
 - (a) Plan travels to picnic and tourist spots **considering weather** and traffic **conditions**.
 - (b) Properly dispose-off garbage at **designated areas** to prevent **clogging** of **drainage systems**.
 - (c) **Avoid overcrowding picnic** and **tourist spots** and ensure personal safety.
 - (d) Keep children away from **nullahs/ pot holes/ drainage lines** to avoid accidents.
 - (e) Keep adequate **supply** of **clean drinking water** and **food item**.
 - (f) Wear **weather appropriate clothing**.
 - (g) Keep at least **20 feet distance** from **River** and **Nullahs**.
 - (h) Choose **hotels** or **guest houses** located on **higher ground** and **away** from **rivers, lakes or nullahs** during this time period.

- (i) Ask **hotel staff** about **emergency exits**, **local hazards** and **evacuation procedures** in **case of flooding**.
 - (j) **Avoid swimming** in the rivers/ nullah and any water body during this time period.
 - (k) **Avoid walking** or **driving through** flooded areas just **6 inches** of **moving water can knock you off your feet**.
 - (l) **Avoid trekking, hiking, or camping** during **heavy rains** risk of **landslides, slippery trails** and **flash floods** increases.
 - (m) **Avoid self-driving** in unfamiliar or **hilly areas** **during rains** opt for **local drivers** who know the terrain.
 - (n) **Do not attempt** to cross **bridges** or **roads submerged** in water they may be **damaged** or **unstable**.
 - (o) **Cooperate with locals** and **district authorities, rescue agencies** during emergencies or **weather** disruptions.
- (3) Do not risk cross any **drain** or **road overtopping** with **water flow**. Wait for flows to normalize and priorities/ ensure safety.
 - (4) Do not risk **enter** a **ponded under-construction road**.
 - (5) Do not take/ allow children **close** to **ponds/ stagnant** water, water **drainage lines** or any place where **pot holes** are **present**.
 - (6) Sensitize all concerned on risks posed by **venturing into water channels** and **crossing nullahs** during flash floods.
 - (7) Do not handle/ repair any **electrical equipment**, especially with **exposed lines** to preclude risk of electrocution **during rainfall/ thunderstorms** and water pondage.
 - (8) Avoid staying in **weak structures**. In case of **intense rain**, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

4. In this regard, all concerned Federal Ministries/ Departments, respective Provincial Governments, their line departments including PDMA/ GBDMA/ SDMA/ ICT Administration, DDMA/ local administrations, municipal authorities of major metropolises are advised to **ensure following along with any other measures deemed necessary:-**

a. **DDMA/ Local Administrations/ DM Responders**

- (1) Activation and deputation of duty staff for **round-the-clock monitoring** through Emergency Operation Centres (**EOCs**) during this time period.
- (2) Collect and share the **latest information** with line departments, **provincial** and **national authorities**.
- (3) Disseminate **advisories, alerts** and **guidelines** to **all concerned**.

- (4) Generate Situation Reports (**SITREPs**) to cover any major incidents/ developments, if required.
- (5) Civic Agencies and **Rescue Services** (1122/ Fire Brigade/ Ambulance/ Civil Defence) to **remain alert** and have **sufficient emergency response personnel** and **equipment** during the forecasted holiday period.
- (6) Alert **masses living** in **low-lying areas** to exercise **extra caution** and activate **community-based alert systems**.
- (7) Limit the number of **tourists allowed entry** to **picnic** and **tourist spots** to **avoid overcrowding**.
- (8) Regulate **traffic** at **picnic** and **tourist spots** to ensure a smooth flow and **prevent congestion**.
- (9) Secure **loose structures including billboards/ hoardings/ solar panels** from effects of windstorms/ thunder showers.

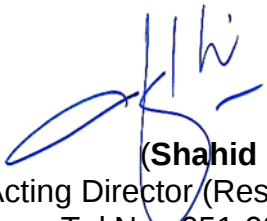
b. **PDMAs/ SDMA/ GBDMA/ ICT Administration**

- (1) Coordinate with respective PDMAs to **align local efforts** with provincial strategies and guidelines.
- (2) Activate/ **ensure staffing** of **HR** in **EOCs** for effective **coordination** and **response**.
- (3) Establish a **streamlined** and **efficient communication channel** to ensure **timely dissemination** of weather forecasts, **advisories** and **alerts** to local administrations and the **public**.
- (4) Ensure flow of information **among all stakeholders** is **accurate**, **timely** and effectively **coordinated**.
- (5) Ensure **enforcement/ dissemination** of **mitigative/ preparedness/ response guidelines** to **all** concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

c. **Federal Ministries/ Departments**

- (1) Ensuring **interagency coordination** and **information sharing** for monitoring and handling emergencies.
- (2) Raise **mass awareness through respective platforms** relevant stakeholders about **seasonal hazards**.
- (3) Ensure **strict** and **proactive monitoring** of the **movement** around/ in close vicinity of nullahs and water channels to **avert possibilities** of **drowning**.

5. **Press Information Department Only.** With the request for wider circulation and public awareness.



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Government of Pakistan
Ministry of Defence (Defence Division)
Pakistan Meteorological Department
National Weather Forecasting Centre
Sector: H-8/2, Islamabad.

NWFC-5(10A)/2026/09

Press Release

Date: 21st August, 2026
Time: 1500 PST

More rain-wind/thundershower predicted in upper and central parts during the weekend

Met office has informed that monsoon currents are continuously penetrating upper and central parts of the country. A westerly wave is also present over upper parts of the country. Under the influence of this weather system:

- **Kashmir:** Rain-wind/thundershower (with isolated heavyfalls) is expected in (Neelum valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhanoti, Kotli, Bhimber, Mirpur) from 21st (night) to 23rd August with occasional gaps.
- **Khyber-Pakhtunkhwa:** Rain-wind/thundershower (with isolated heavyfalls) is expected in (Dir, Chitral, Swat, Kohistan, Malakand, Nowshera, Charsadda, Swabi, Shangla, Battagram, Buner, Kohat, Hangu, Kurram, Bajaur, Mohmand, Khyber, Orakzai, Mansehra, Abbottabad, Haripur, Peshawar, Mardan, Karak, Tank, Lakki Marwat, D.I Khan, Bannu, Waziristan) from 21st (evening/night) to 23rd August with occasional gaps.
- **Islamabad/Upper Punjab:** Rain-wind/thundershower (with isolated heavyfalls) is expected in Islamabad, Rawalpindi, Murree, Galliat, Jhelum, Chakwal, Talagang, Attock, Sialkot, Narowal, Mandi Bahauddin, Gujrat, Gujranwala, Hafizabad, Wazirabad, Lahore, Kasur, Okara, Sheikhupura, Nankana Sahib from 21st (evening/night) to 23rd August (morning) with occasional gaps, while in Sargodha, Khushab, Mianwali, Noorpur, Faisalabad, Jhang, Toba Tek Singh, Layyah, Bhakkar, Sahiwal, Pakpattan, D.G. Khan on 22nd August.
- **Gilgit-Baltistan:** Rain-wind/thundershower is expected in Diamir, Astore, Ghizer, Skardu, Hunza, Gilgit, Ghanche, Shigar from 21st (evening/night) to 23rd August with occasional gaps.
- **Sindh & Balochistan:** Mainly hot and humid weather to prevail in most parts. However, rain-wind/thundershower is expected in Musakhel, Barkhan, Zhob, Kalat and Khuzdar on 21st (evening/night) and 22nd August.

Possible Impacts and advises:

- Heavy rains may cause Urban flooding in low lying areas of Islamabad/Rawalpindi, Mardan, Swabi, Gujranwala, Gujrat, Sialkot and Lahore during the weekend.
- Heavy rain may cause flash flooding in local streams/ Nullahs in Kashmir, Murree, Galliat, Islamabad and Rawalpindi during the forecast period.
- Landslides may occur in hilly areas of Khyber Pakhtunkhwa, Gilgit-Baltistan, Murree, Galliat and Kashmir during the forecast period.
- Tourists and travelers are advised to remain cautious during the forecast period.
- Farmers are advised to manage their crop activities keeping in view the weather conditions and take care of their livestock as well.

Note: All concerned authorities are advised to remain "Vigilant" and take necessary measures to avoid any untoward Situation during the forecast period.

For daily weather updates please visit: <https://weather.gov.pk> Pak Weather application <https://play.google.com/store/apps/details?id=com.pmd.kissan>

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Ministry of Defence (Defence Division)
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Sector: H-8/2, Islamabad

NWFC-5(10A)/2026/09

Date: 21st August, 2026
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پریس ریلیز

ویک اینڈ کے دوران بالائی اور وسطی علاقوں میں تیز ہواؤں اور گرج چمک کے ساتھ مزید بارش کی پیش گوئی

محکمہ موسمیات کے مطابق مون سون ہوائیں مسلسل ملک کے بالائی اور وسطی علاقوں میں داخل ہو رہی ہیں۔ مغربی ہواؤں کا سلسلہ بھی ملک کے بالائی علاقوں پر موجود ہے۔ اس موسمی نظام کے زیر اثر:

- **شعبہ 21 اگست (رات) سے 23 اگست کے دوران** وادی نیلم، مظفر آباد، راولا کوٹ، پونچھ، ہٹیاں، بان، خویلی، سدھوتی، کوٹلی، جمبر اور میرپور میں وقفے وقفے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔ اس دوران چند مقامات پر موسلا دھار بارش بھی متوقع ہے۔
- **شعبہ 21 اگست (شام ارات) سے 23 اگست کے دوران** دیر، چترال، سوات، کوہستان، ملاکنڈ، نوشہرہ، چارسدہ، صوابی، شانگلہ، بگرام، پونیر، کوہاٹ، منگہ، کرم، ہاجوڑ، مہمند، خیبر، اورکزئی، مانسہرہ، ایبٹ آباد، ہری پور، پشاور، مردان، کرک، فٹنگ، کٹی مروت، ڈیرہ اسماعیل خان، بنوں اور وزیرستان میں وقفے وقفے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔ اس دوران چند مقامات پر موسلا دھار بارش بھی متوقع ہے۔
- **اسلام آباد/پلائی پنجاب: 21 اگست (شام ارات) سے 23 اگست (صبح) کے دوران** اسلام آباد، راولپنڈی، مری، گلگت، جہلم، چکوال، تلہ منگ، اٹک، سیالکوٹ، نارووال، منڈی بہاؤالدین، گجرات، گوجرانوالہ، حافظ آباد، وزیر آباد، لاہور، قصور، اوکاڑہ، شیخوپورہ اور ننگرانہ صاحب میں وقفے وقفے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔ اس دوران چند مقامات پر موسلا دھار بارش بھی متوقع ہے۔ 22 اگست کے روز سرگودھا، خوشاب، میانوالی، نورپور، فیصل آباد، جھنگ، ٹوبہ ٹیک سنگھ، لیہ، بکھر، ساہیوال، پاکپتن اور ڈیرہ غازی خان میں تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔
- **گلگت بلتستان: 21 اگست (شام ارات) سے 23 اگست کے دوران** یاسر، استور، غنڈر، ساکرو، ہنزہ، گلگت، غانچے اور شکر میں وقفے وقفے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔
- **سندھ/بلوچستان:** صوبہ کے بیشتر اضلاع میں موسم گرم اور مرطوب رہنے کا امکان ہے۔ تاہم 21 اگست (شام ارات) اور 22 اگست کے دوران موسمی ٹیل، بارکھان، ژوب، قلات اور خضدار میں تیز ہواؤں اور گرج چمک کے ساتھ بارش کی توقع ہے۔

محکمہ اثرات اور احتیاطی تدابیر:

- موسلا دھار بارشوں کے باعث ویک اینڈ کے دوران اسلام آباد، راولپنڈی، مردان، صوابی، گوجرانوالہ، گجرات، سیالکوٹ اور لاہور میں نشیبی علاقوں میں زمین لخت لگ کا اندیشہ۔
- خیبر پختونخوا کے پہاڑی علاقوں، گلگت بلتستان، مری، گلگت اور شعبہ 21 اگست میں لینڈ سلائیڈنگ کا خطرہ۔
- موسلا دھار بارش کے باعث شعبہ 21 اگست، مری، گلگت، اسلام آباد، راولپنڈی کے مقامی ندی نالوں میں فلیش فلڈنگ کا خطرہ۔
- سیاح اور مسافر حضرات موسمی پیش گوئی کے دوران قنطر ہیں اور غیر ضروری سفر سے گریز کریں۔
- کسان حضرات موسمی حالات کو مد نظر رکھتے ہوئے اپنی زراعتی سرگرمیوں کی منصوبہ بندی کریں اور موسمیاتی کی حفاظت کا بھی خصوصی خیال رکھیں۔

نوٹ: تمام متعلقہ اداروں کو "الارٹ" رہنے اور کسی ناخوشگوار واقعہ سے بچنے کے لیے تمام ضروری اقدامات کرنے کی ہدایت کی جاتی ہے۔

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