



F.2(E)/2026-NDMA (MW/ Weather Advisory)
Government of Pakistan
Prime Minister's Office
National Disaster Management Authority (HQ)
 Main Murree Road Near ITP Office, Islamabad



Dated: **28 August 2026**

Subject: **Rain-wind / Thundershower Predicted in Upper Parts of the Country**

Pakistan Meteorological Department (**Annex-A**) has informed that **Monsoon Currents** are penetrating Upper parts of the country. A **Westerly Wave** is also likely to approach Upper parts of the country from **31st August 2026** and may persist till **05th September 2026**. Under the influence of this weather system: -

- a. **Kashmir. Rain-wind / thundershower (with isolated heavy falls)** is expected in (Neelum valley, Muzaffarabad, Rawalakot, Poonch, Hattian, Bagh, Haveli, Sudhanoti, Kotli, Bhimber, Mirpur) from **28th August (evening/night) to 06th September 2026 with occasional gaps**.
 - b. **Islamabad/Upper Punjab. Rain-wind / thundershower (with isolated heavy falls)** is expected in Islamabad, Rawalpindi, Murree, Galliyat, Jhelum, Chakwal, Talagang, Attock, Lahore, Sialkot, Sheikhupura, Narowal, Mandi Bahauddin, Gujrat, Gujranwala, Wazirabad and Hafizabad from **29th August to 05th September 2026**, while in Kasur, Okara, Nankana Sahib, Sargodha, Khushab, Mianwali, Noorpur Thal, Faisalabad, Jhang, Toba Tek Singh, Layyah, Bhakkar, Sahiwal and Pakpattan from **01st September to 05th September 2026 with occasional gaps**.
 - c. **Khyber-Pakhtunkhwa. Rain-wind / thundershower (with isolated heavy falls)** is expected in (Peshawar, Dir, Chitral, Swat, Kohistan, Malakand, Mardan, Nowshera, Charsadda, Swabi, Shangla, Battagram, Buner, Kohat, Hangu, Kurram, Bajaur, Mohmand, Khyber, Orakzai, Mansehra, Abbottabad, Haripur from **29th August to 05th September 2026**, while in Karak, Tank, Lakki Marwat, D.I Khan, Bannu, Waziristan from **01st September to 04th September 2026 with occasional gaps**.
 - d. **Gilgit-Baltistan. Rain-wind / thundershower** is expected in Diamir, Astore, Ghizer, Skardu, Hunza, Gilgit, Ghanche, Shigar from **30th August to 06th September with occasional gaps**.
 - e. **Sindh & Balochistan. Mainly hot and humid weather** to prevail in most parts during the forecast period.
2. Under the influence of this weather system, following are likely impacts: -
- a. **Heavy rains** may cause **Urban flooding** in low lying areas of Islamabad/Rawalpindi, Mardan, Swabi, Gujranwala, Gujrat, Sialkot and Lahore.
 - b. Heavy rain may cause **flash flooding** in local streams/ Nullahs in Kashmir, Murree,

Galliyat, Islamabad and Rawalpindi during the forecast period.

- c. **Landslides** may occur in hilly areas of Khyber Pakhtunkhwa, Gilgit-Baltistan, Murree, Galliyat and Kashmir during the forecast period.
- d. Tourists and travelers are advised to remain cautious during the forecast period.
- e. Farmers are advised to manage their crop activities keeping in view the weather conditions and take care of their livestock as well.

3. Keeping in view the aforesaid situation general public is advised to follow the safety measures mentioned below: -

a. **Aspects for Mass Awareness/ Enforcement**

- (1) During **Thunder-storm** and **Lightning strike**, follow these safety tips to protect yourself: -
 - (a) **Do Not Seek Shelter Under Trees or Poles**. These attract lightning and don't protect well from hail.
 - (b) **Avoid Open Fields and Hilltops**. These are more exposed to hail and lightning.
 - (c) **Do Not Use Electrical Appliances**. Avoid wired devices, plumbing and electronics during accompanying thunderstorms.
 - (d) **Move Away from Drainage Canals and Pondages**. Avoid standing nearby drainage canals and pondages as it attracts lightning.
 - (e) **Seek Shelter Immediately**. Move indoors or take cover in a sturdy building or **seek shelter** in a **dry place**.
- (2) **Travelers/ tourists** are advised to:-
 - (a) Plan travels to picnic and tourist spots **considering weather** and traffic **conditions**.
 - (b) Properly dispose-off garbage at **designated areas** to prevent **clogging** of **drainage systems**.
 - (c) **Avoid overcrowding picnic** and **tourist spots** and ensure personal safety.
 - (d) Keep children away from **nullahs/ pot holes/ drainage lines** to avoid accidents.
 - (e) Keep adequate **supply** of **clean drinking water** and **food item**.
 - (f) Wear **weather appropriate clothing**.
 - (g) Keep at least **20 feet distance** from **River** and **Nullahs**.
 - (h) Choose **hotels** or **guest houses** located on **higher ground** and **away** from **rivers, lakes or nullahs** during this time period.

- (i) Ask **hotel staff** about **emergency exits**, **local hazards** and **evacuation procedures** in **case of flooding**.
 - (j) **Avoid swimming** in the rivers/ nullah and any water body during this time period.
 - (k) **Avoid walking** or **driving through** flooded areas just **6 inches** of **moving water can knock you off your feet**.
 - (l) **Avoid trekking, hiking, or camping** during **heavy rains** risk of **landslides, slippery trails** and **flash floods** increases.
 - (m) **Avoid self-driving** in unfamiliar or **hilly areas** **during rains** opt for **local drivers** who know the terrain.
 - (n) **Do not attempt** to cross **bridges** or **roads submerged** in water they may be **damaged** or **unstable**.
 - (o) **Cooperate with locals** and **district authorities, rescue agencies** during emergencies or **weather** disruptions.
- (3) Do not risk cross any **drain** or **road overtopping** with **water flow**. Wait for flows to normalize and priorities/ ensure safety.
 - (4) Do not risk **enter** a **ponded under-construction road**.
 - (5) Do not take/ allow children **close** to **ponds/ stagnant** water, water **drainage lines** or any place where **pot holes** are **present**.
 - (6) Sensitize all concerned on risks posed by **venturing into water channels** and **crossing nullahs** during flash floods.
 - (7) Do not handle/ repair any **electrical equipment**, especially with **exposed lines** to preclude risk of electrocution **during rainfall/ thunderstorms** and water pondage.
 - (8) Avoid staying in **weak structures**. In case of **intense rain**, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

4. In this regard, all concerned Federal Ministries/ Departments, respective Provincial Governments, their line departments including PDMA/ GBDMA/ SDMA/ ICT Administration, DDMA/ local administrations, municipal authorities of major metropolises are advised to **ensure following along with any other measures deemed necessary:-**

a. **DDMA/ Local Administrations/ DM Responders**

- (1) Activation and deputation of duty staff for **round-the-clock monitoring** through Emergency Operation Centres (**EOCs**) during this time period.
- (2) Collect and share the **latest information** with line departments, **provincial** and **national authorities**.
- (3) Disseminate **advisories, alerts** and **guidelines** to **all concerned**.

- (4) Generate Situation Reports (**SITREPs**) to cover any major incidents/ developments, if required.
- (5) Civic Agencies and **Rescue Services** (1122/ Fire Brigade/ Ambulance/ Civil Defence) to **remain alert** and have **sufficient emergency response personnel** and **equipment** during the forecasted holiday period.
- (6) Alert **masses living** in **low-lying areas** to exercise **extra caution** and activate **community-based alert systems**.
- (7) Limit the number of **tourists allowed entry** to **picnic** and **tourist spots** to **avoid overcrowding**.
- (8) Regulate **traffic** at **picnic** and **tourist spots** to ensure a smooth flow and **prevent congestion**.
- (9) Secure **loose structures including billboards/ hoardings/ solar panels** from effects of windstorms/ thunder showers.

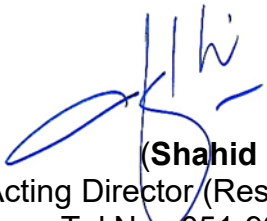
b. **PDMA/ SDMA/ GBDMA/ ICT Administration**

- (1) Coordinate with respective PDMA/ SDMA/ GBDMA/ ICT Administration to **align local efforts** with provincial strategies and guidelines.
- (2) Activate/ **ensure staffing** of **HR** in **EOCs** for effective **coordination** and **response**.
- (3) Establish a **streamlined** and **efficient communication channel** to ensure **timely dissemination** of weather forecasts, **advisories** and **alerts** to local administrations and the **public**.
- (4) Ensure flow of information **among all stakeholders** is **accurate**, **timely** and effectively **coordinated**.
- (5) Ensure **enforcement/ dissemination** of **mitigative/ preparedness/ response guidelines** to **all** concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

c. **Federal Ministries/ Departments**

- (1) Ensuring **interagency coordination** and **information sharing** for monitoring and handling emergencies.
- (2) Raise **mass awareness through respective platforms** relevant stakeholders about **seasonal hazards**.
- (3) Ensure **strict** and **proactive monitoring** of the **movement** around/ in close vicinity of nullahs and water channels to **avert possibilities** of **drowning**.

5. **Press Information Department Only.** With the request for wider circulation and public awareness.



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Government of Pakistan
Ministry of Defence (Defence Division)
Pakistan Meteorological Department
National Weather Forecasting Centre
Sector: H-8/2, Islamabad.

NWFC-5(10A)/2026/10

Press Release

Date: 28th August, 2026
Time: 1530 PST

Rain-wind/thundershower predicted in upper parts of the country

Met office has informed that monsoon currents are penetrating upper parts of the country. A westerly wave is also likely to approach upper parts of the country from 31st August and may persist till 05th September. Under the influence of this weather system:

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- **Sindh & Balochistan:** Mainly hot and humid weather to prevail in most parts during the forecast period.

Possible Impacts and advises:

- Heavy rains may cause Urban flooding in low lying areas of Islamabad/Rawalpindi, Mardan, Swabi, Gujranwala, Gujrat, Sialkot and Lahore from 31st August to 05th September.
- Heavy rain may cause flash flooding in local streams/ Nullahs in Kashmir, Murree, Galliat, Islamabad and Rawalpindi during the forecast period.
- Landslides may occur in hilly areas of Khyber Pakhtunkhwa, Gilgit-Baltistan, Murree, Galliat and Kashmir during the forecast period.
- Tourists and travelers are advised to remain cautious during the forecast period.
- Farmers are advised to manage their crop activities keeping in view the weather conditions.

Note: All concerned authorities are advised to remain "Vigilant" and take necessary measures to avoid any untoward situation during the forecast period.

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Spokesperson
Ph: 051-9250363-4



NWFC-5(10A)/2026/10

Date: 28th August, 2026
Time: 1530 PST

پرنسپل

ملک کے ہلالی علاقوں میں تیز ہواؤں اور گرج چمک کے ساتھ بارش کی پیش گوئی

حکمہ موسمیات کے مطابق کم شدت سے مون سون ہوائیں ملک کے ہلالی علاقوں میں داخل ہو رہی ہیں۔ مغربی ہواؤں کا سلسلہ بھی 31 اگست سے ملک کے ہلالی علاقوں میں داخل ہو گا۔ جو 05 ستمبر تک برقرار رہے گا۔ اس موسمی نظام کے زیر اثر:

- **سشیر (شمال اتر) سے 06 ستمبر کے دوران** ٹیلم و بی، مظفر آباد، دہلا کوٹ، پونچھ، مٹیاں، بارغ، حویلی، سدھوتی، کوٹلی، جمبھر اور میرپور میں دھندے دھندے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔ اس دوران چند مقامات پر موسلا دھار بارش بھی متوقع ہے۔
- **اسلام آباد / ہلالی پنجاب: 29 اگست سے 05 ستمبر کے دوران** اسلام آباد، راولپنڈی، مری، گلیات، جہلم، چکوال، تلہ گنگ، اٹک، لاہور، سیالکوٹ، شیخوپورہ، نارووال، منٹھی بہاولدین، گجرات، گوجرانوالہ، وزیر آباد اور حافظ آباد میں دھندے دھندے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔ اس دوران چند مقامات پر موسلا دھار بارش بھی متوقع ہے۔
- **01 سے 05 ستمبر کے دوران** قصور، داکاڑہ، نکانہ صاحب، سرگودھا، خوشاب، میانوالی، لورپور، قصور، فیصل آباد، جھنگ، ٹوبہ ٹیک سنگھ، لیہ، بکسر، ساہیوال اور پاکپتن میں بھی دھندے دھندے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کی توقع ہے۔ اس دوران چند مقامات پر موسلا دھار بارش بھی متوقع ہے۔
- **خیبر پختونخوا: 29 اگست سے 05 ستمبر کے دوران** پشاور، پیر پتر، سوات، کوہستان، مالاکنڈ، مردان، نوشہرہ، چارسدہ، صوابی، شالگ، بگرام، پونیر، کوہاٹ، ہنگو، کرم، پانچوڑ، مہمند، خیبر اور کڑئی مانسہرہ، ایبٹ آباد اور ہری پور میں دھندے دھندے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔ اس دوران چند مقامات پر موسلا دھار بارش بھی متوقع ہے۔
- **01 سے 04 ستمبر کے دوران** کرک، ٹانک، مکی مروت، ڈیرہ اسماعیل خان، ہنوں اور وزیرستان میں بھی دھندے دھندے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔
- **گلگت بلتستان: 30 اگست سے 06 ستمبر کے دوران** دیر، ماستور، نذر، اسکردو، ہنزہ، گلگت، گانچے اور شکر میں دھندے دھندے سے تیز ہواؤں اور گرج چمک کے ساتھ بارش کا امکان ہے۔
- **سندھ / بلوچستان:** سندھ اور بلوچستان کے بیشتر علاقوں میں موسم گرم اور مرطوب رہنے کا امکان ہے۔

نکتہ اثرات اور احتیاطی تدابیر:

- موسلا دھار بارش کے باعث 31 اگست سے 05 ستمبر کے دوران اسلام آباد، راولپنڈی، مردان، صوابی، گوجرانوالہ، گجرات، سیالکوٹ اور لاہور میں فضائی علاقوں میں بارشیں ہلکے کا درجہ۔
- خیبر پختونخوا کے پہاڑی علاقوں، گلگت بلتستان، مری، گلیات اور سشیر میں لینڈ سلائیڈنگ کا خدشہ۔
- موسلا دھار بارش کے باعث سشیر، مری، گلیات، اسلام آباد اور راولپنڈی کے مقامی ندی/نالیوں میں طغیانی کا بھی خدشہ۔
- سیاح اور سفر گزار حضرات موسمی پیش گوئی کے دوران احتیاطی تدابیر اختیار کرنی چاہئیں۔
- کسان حضرات موسمی حالات کو مد نظر رکھتے ہوئے اپنی زرعی سرگرمیوں کی منصوبہ بندی کریں۔

نوٹ: تمام متعلقہ اداروں کو "ارٹ" کرپے اور کسی ناغہ اور واقعہ سے بچنے کے لیے تمام ضروری اقدامات کرنے کی ہدایت کی جاتی ہے۔

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6. Secretary Agriculture Punjab, KP, GB, Kashmir, Balochistan & Sindh
7. Chairman NDMA
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9. IG Motorways
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11. Secretary Health, MOCC & Water Resources
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ترجمان (حکمہ موسمیات)

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