



F.2(E)/2026-NDMA (MW/ Flash Floods Advisory)
Government of Pakistan
Prime Minister's Office
National Disaster Management Authority (HQ)
 Main Murree Road Near ITP Office, Islamabad

MOST IMMEDIATE

Dated: 22 July 2026

Subject: **Significant Increase in Water Levels in Rivers, Streams and Nullahs Across the Glaciated Regions**

Pakistan Meteorological Department (PMD) has issued a press release (**Annex-A**) stating that a **significant** increase in water levels has been observed in rivers, streams and nullahs across the glaciated regions of **Gilgit Baltistan** and **Khyber Pakhtunkhwa**. Real-time observations from the hydrometeorological monitoring network installed for GLOF monitoring at different valleys, indicate that many snow-fed and glacier-fed watercourses are currently **flowing peak values** due to accelerated snow and **glacier melt**, coupled with **recent rainfall**.

2. The prevailing hydrological conditions could trigger **riverbank erosion**, land wasting and **localized flooding**. With the prevailing weather system, it may increase the likelihood of the current high-flow conditions developing into **medium to high flood situations** in susceptible valleys and downstream areas.

3. Keeping in view above said conditions are advised to ensure following along with any other measures deemed necessary: -

a. **Travelers/ tourists**

- (1) Plan travels to picnic and tourist spots **considering weather** and traffic **conditions**.
- (2) Properly dispose-off garbage at **designated areas** to prevent **clogging** of **drainage systems**.
- (3) **Avoid overcrowding picnic** and **tourist spots** and ensure personal safety.
- (4) Keep children away from **nullahs/ pot holes/ drainage lines** to avoid accidents.
- (5) Keep adequate **supply** of **clean drinking water** and **food item**.
- (6) Wear **weather appropriate clothing**.
- (7) Keep at least **20 feet distance** from **River** and **Nullahs**.
- (8) Choose **hotels** or **guest houses** located on **higher ground** and **away** from **rivers, lakes or nullahs** during this time period.
- (9) Ask **hotel staff** about **emergency exits**, **local hazards** and **evacuation procedures** in **case of flooding**.
- (10) **Avoid swimming** in the rivers/ nullah and any water body during this time period.

- (11) **Avoid walking** or **driving through** flooded areas just **6 inches** of **moving water can knock you off your feet**.
- (12) **Avoid trekking, hiking, or camping** during **heavy rains risk** of **landslides, slippery trails** and **flash floods** increases.
- (13) **Avoid self-driving** in unfamiliar or **hilly areas during rains** opt for **local drivers** who know the terrain.
- (14) **Do not attempt** to cross **bridges** or **roads submerged** in water they may be **damaged** or **unstable**.
- (15) **Cooperate with locals** and **district authorities, rescue agencies** during emergencies or **weather** disruptions.
- (16) Do not risk cross any drain or road overtopping with water flow. Wait for flows to normalize and priorities/ ensure safety.
- (17) Do not risk enter a ponded under-construction road.
- (18) Do not take/ allow children close to ponds/ stagnant water, water drainage lines or any place where pot holes are present.
- (19) Sensitize all concerned on risks posed by venturing into water channels and crossing nullahs during flash floods.
- (20) Do not handle/ repair any electrical equipment, especially with exposed lines to preclude risk of electrocution during rainfall/ thunderstorms and water pondage.
- (21) Avoid staying in weak structures. In case of intense rain, seek shelter in safe places such as schools, government buildings, or any concrete buildings.

b. **DDMAs/ Local Administrations/ DM Responders**

- (1) Activation and deputation of duty staff for **round-the-clock monitoring** through Emergency Operation Centres (**EOCs**) during this time period.
- (2) Collect and share the **latest information** with line departments, **provincial** and **national authorities**.
- (3) Disseminate **advisories, alerts** and **guidelines** to **all concerned**.
- (4) Generate Situation Reports (**SITREPs**) to cover any major incidents/ developments, if required.
- (5) Civic Agencies and **Rescue Services** (1122/ Fire Brigade/ Ambulance/ Civil Defence) to **remain alert** and have **sufficient emergency response personnel** and **equipment** during the forecasted holiday period.
- (6) Alert **masses living** in **low-lying areas** to exercise **extra caution** and activate **community-based alert systems**.

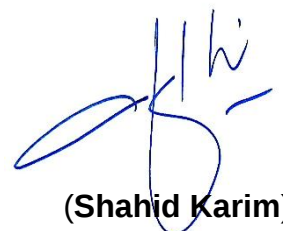
- (7) Limit the number of **tourists allowed entry** to **picnic** and **tourist spots** to **avoid overcrowding**.
- (8) Regulate **traffic** at **picnic** and **tourist spots** to ensure a smooth flow and **prevent congestion**.
- (9) Secure **loose structures including billboards/ hoardings/ solar panels** from effects of windstorms/ thunder showers.

c. **PDMA KP/ SDMA/ GBDMA**

- (1) Coordinate with respective PDMAs to **align local efforts** with provincial strategies and guidelines.
- (2) Activate/ **ensure staffing** of **HR** in **EOCs** for effective **coordination** and **response**.
- (3) Establish a **streamlined** and **efficient communication channel** to ensure **timely dissemination** of weather forecasts, **advisories** and **alerts** to local administrations and the **public**.
- (4) Ensure flow of information **among all stakeholders** is **accurate, timely** and effectively **coordinated**.
- (5) Ensure **enforcement/ dissemination** of **mitigative/ preparedness/ response guidelines** to **all** concerned.
- (6) Ensure **rapid damage** and **needs assessments** following major incidents.

4. **Press Information Department Only**. With the request for wider circulation and public awareness.

5. Forwarded for information / necessary action, please.



(Shahid Karim)
Acting Director (Response)
Tel No: 051-9030924
Fax No: 051-9030729

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Government of Pakistan
Ministry of Defence (Defence Division)
Pakistan Meteorological Department
Research and Development Division
Islamabad, Pakistan

PRESS RELEASE

GLOF/Met-3(7)/2020/

Dated: 22th July 2026

Issue Time: 12:00 PM

The Pakistan Meteorological Department (PMD) has observed a significant increase in water levels in rivers, streams, and nullahs across the glaciated regions of **Gilgit-Baltistan (GB)** and **Khyber Pakhtunkhwa (KP)**. Real-time observations from the hydro-meteorological monitoring network installed for GLOF monitoring at different valleys, indicate that many snow-fed and glacier-fed watercourses are currently flowing peak values due to accelerated snow and glacier melt, coupled with recent rainfall.

2. The prevailing hydrological conditions could trigger riverbank erosion, land wasting, and localized flooding. With the prevailing weather system it may increase the likelihood of the current high-flow conditions developing into medium to high flood situations in susceptible valleys and downstream areas.

3. PMD advises all concerned authorities, district administrations, and communities residing near rivers and streams to remain vigilant, avoid unnecessary movement near watercourses, closely monitor official updates, and be prepared to respond promptly to any emergency situation.

(Adnan Shafiq Rana)
 Deputy Director,
 For Director General, PMD

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5. Chief Secretaries, Gilgit-Baltistan and Khyber Pakhtunkhwa.
6. Chairman, Federal Flood Commission (FFC), Islamabad.

7. Director General, Provincial Disaster Management Authority, Khyber Pakhtunkhwa.
8. Director General, Gilgit Baltistan Disaster Management Authority, Gilgit.
9. Director General, Rescue 1122, GB/ KP.
10. SPS to Director General, PMD.
11. Director, RMC, Gilgit/ Peshawar. (To please dissemination further at District level).
12. Director, National Weather Forecasting Center (NWFC), PMD HQs.
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