



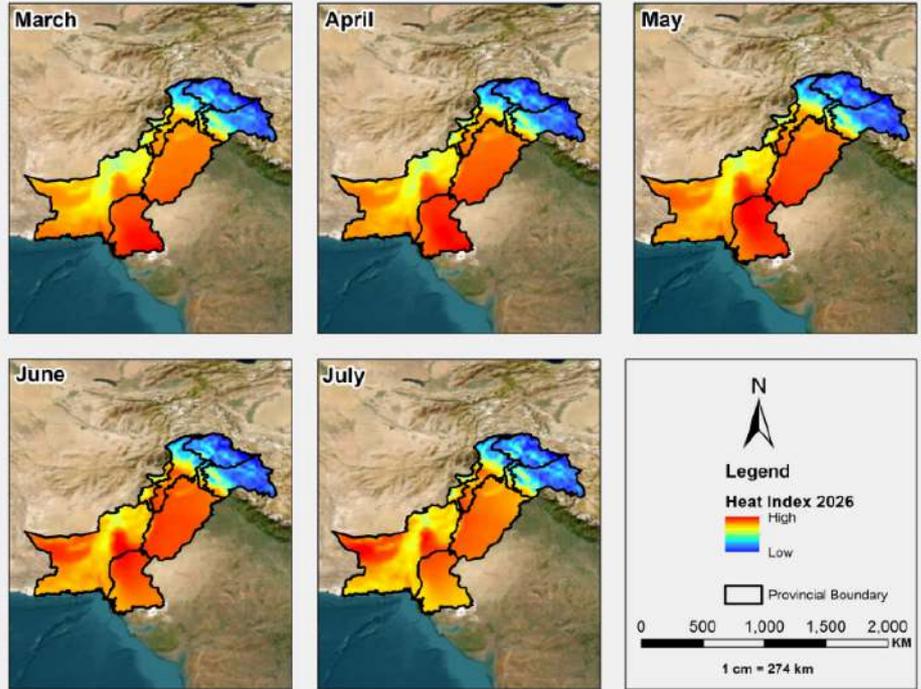
HEATWAVE

Advisory: March to July 2026



PROJECTION

From March 2026 onward, Pakistan is expected to experience above-normal temperatures, with an early onset of heatwave conditions likely by late March across central and southern Punjab, Sindh, and parts of Balochistan.



Persistently high maximum daily temperatures are expected to trigger the heatwave, which intensify during May and June with temperatures exceeding above normal temperature, while elevated heat stress could continue till July in the most affected areas.

LIKELY IMPACTS OF HEATWAVE



Health Crisis



Crop Failure



Water Shortages



Power Outages

LIKELY EXPOSED AREAS

PUNJAB

Rajanpur, Bhakkar, Rahim Yar Khan, Lahore, Multan, Dera Ghazi Khan Bahawalpur, Jhang, Chiniot, Sargodha, Muzaffargarh Okara and surrounding areas

SINDH

Dadu, Badin, Larkana, Karachi, Sukkur, Jafarabad, Tharparkar, Khairpur, Jacobabad, Jamshoro, Naushahro Feroze, Thatta and neighboring localities

BALUCHISTAN

Dera Bugti, Sibbi, Dera Jamali, Lasbela, Khuzdar and neighboring localities

RESPONSE AND IMMEDIATE ACTION

- Health Departments, PDMAs (Provincial Disaster Management Authorities)
- Rescue 1122, Ambulance services
- NGOs, INGOs
- Vulnerable groups such as the sick, elderly, and children should be given priority access to heat relief measures